




Inspirations

CREATIVE IDEAS TO SUPPORT MEMORIZATION
AND REFLECTION IN RUHI STUDY CIRCLES

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"All Art is a gift
of the Holy Spirit.

When this light shines
through the mind of a
musician, it manifests
itself in beautiful
harmonies. Again, shining
through the mind of a
poet, it is seen in fine
poetry and poetic prose.
When the Light of the Sun
of Truth inspires the mind
of a painter, he produces
marvellous pictures. These
gifts are fulfilling their
highest purpose, when
showing forth the praise
of God."

Abdu'l-Bahá

PRINTING FROM THE CD

If an alternative size is required for either quotations, frames or templates they can be adjusted using the below method.

- Step 1: Open up to the desired page on the CD
- Step 2: Select the 'Snapshot' icon usually found in the toolbar at the top of the screen (it has a picture of a camera).
- Step 3: Click and drag across the screen to select the desired area.
- Step 4: Right click with the mouse and click on 'Copy Selected Graphic'.
- Step 5 Open up word or similar program, select 'Edit' in the top toolbar and then 'Paste'.
- Step 6: Drag the sides of the pasted area out or in until you have the desired size.

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ACTIVITIES

The following activities are designed to aid tutors in enhancing their Ruhi study circles.

Each activity is simple, easy to prepare, only requires cheap and easily accessible materials which should not take too long to complete.

These activities assist with memorization, understanding and reflection of the Word of God.

Materials can be obtained from office supply stores, Craft shops and many newsagencies.

This section has been divided into two parts.

**MEMORIZATION AIDS
and
REFLECTION AIDS**

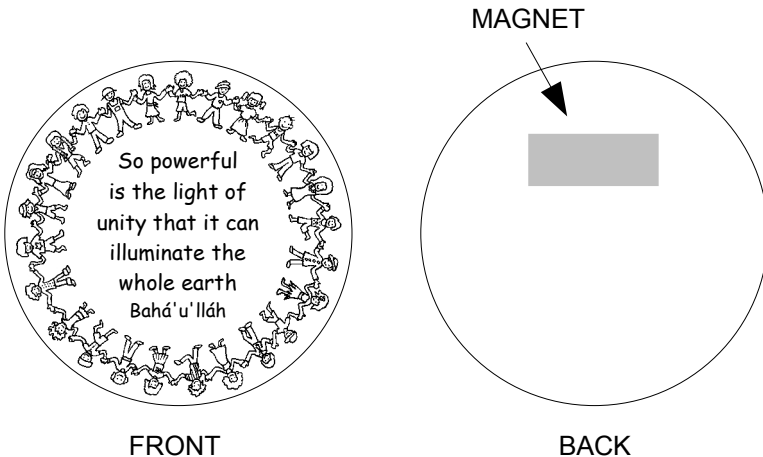
The following activities are designed to remind participants of the quotations they need to learn, have them easily accessible for memorization and as a record of quotations once they have been learnt by heart.

ACTIVITY:

- Write the selected quotation on to a piece of card.
- Decorate or colour as desired.
- Glue a magnet to the back. (Old fridge magnets that are no longer needed can be easily cut into smaller pieces and used for this activity. Magnetic stickers or strips can also be bought from craft shops, office supply shops and many newsagencies.)

VARIATIONS:

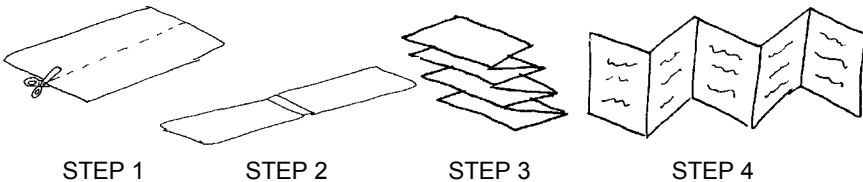
- Add Sequins, shells, small flowers etc... to decorate if desired.
- Magnets also serve as lovely gifts.
- The templates provided in this book can be used to make shapes for the magnets.



ACTIVITY:

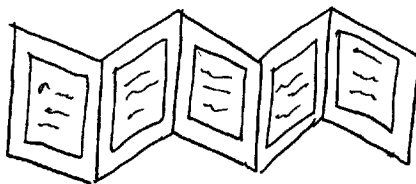
This activity is particularly good when you want to include more than one quotation.

- STEP 1: Cut a sheet of A4 coloured card lengthwise.
- STEP 2: Tape together end to end so that you have a long strip.
- STEP 3: Fold strip backwards and forwards to make a consatina booklet.
- STEP 4. Write a quotation into each panel.



VARIATIONS:

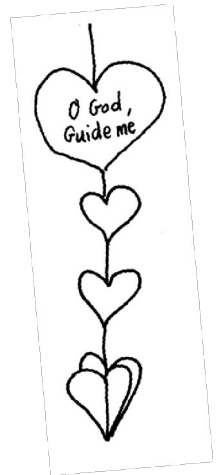
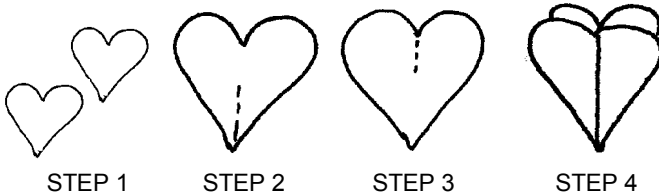
- This activity could also be used for participants to write in quotations or thoughts that they find particularly important or inspiring. If the consatina booklet is put together at the beginning of a Ruhi study circle then participants can add these thoughts or quotations as they come across them.
- The quotations set aside for memorization in each Ruhi Book have been provided at the back of this booklet and could be copied and used to assist with this activity.
- The quotations can be written onto separate pieces of card and then glued on to the consatina booklet leaving a small space around the edge as border. In this variation attention needs to be given to the size of the quotation. to ensure that it fits onto a panel.



ACTIVITY: Write one or more quotations on to pieces of card and then attach them to a piece of string so that they can be hung.

VARIATIONS:

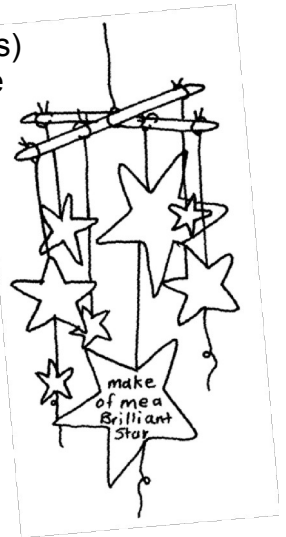
- Making 3 Dimensional shapes -
 - STEP 1: Cut two identical shapes
 - STEP 2: In one of the shapes cut a slit from the top to the middle
 - STEP 3: With the other shape cut a slit from the bottom to the middle.
 - STEP 4: Slot them together.



- More Shapes – To make the mobile bigger, tape two popsticks (or some other kind of sticks) together into a cross so that the shapes can be hung from them.

- Participants may like to add one quotation at a time to the mobile as they memorize them. The result will be a collection of their memorizations.

- The templates provided in this book can be used to make the shapes.



KEY RINGS

REMINDERS

ACTIVITY:

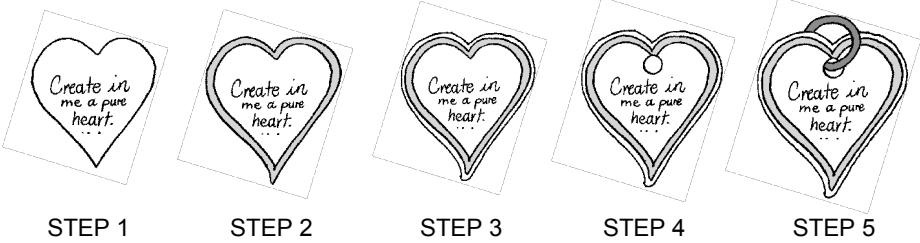
STEP 1: Cut out a shape and write the chosen quotation on it.

STEP 2: Glue the shape on to another piece of coloured card and cut around the shape leaving a small space around the edge to act as a border.

STEP 3: Cut two pieces of clear contact a little bigger than the shape. Glue one piece to the front of the quotation and one to the back. Cut around the outside again leaving a small gap as a border. (The clear contact will protect it from easily being damaged)

STEP 4: Punch a hole into the top of the shape.

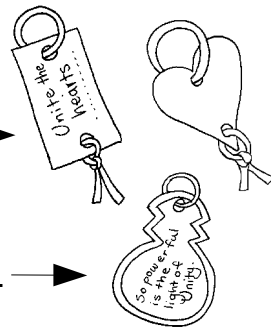
STEP 5: Carefully thread a key ring through the hole.



VARIATIONS:

- A hole can also be punched into the bottom of the shape and a small piece of ribbon tied around it for decoration.

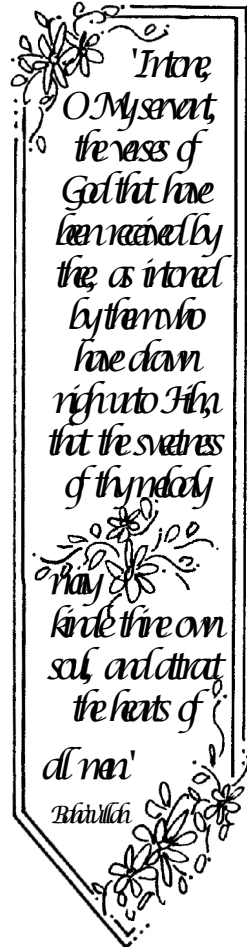
- The shape can be made using a template or drawn freehand. Even a randomly drawn shape can look really nice.



ACTIVITY: Write the selected quotation on to a piece of card. Decorate or colour as desired. Punch a hole at one end so that a ribbon can be threaded through for decoration.

VARIATIONS:

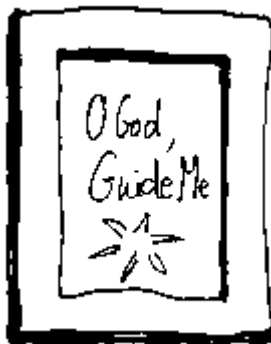
- Sequins, shells, small flowers etc... can be added to decorate if desired.
- Bookmarks also serve as lovely gifts.
- The bookmark can also be glued onto another piece of coloured card and then cut leaving a small space around the edge as a border. The second layer of card also gives the bookmark extra thickness.
- The Bookmark frames provided in this booklet can be used for this activity.



FRAMING

REMINDERS

ACTIVITY: Cut a piece of card so that it fits into a chosen frame using the backing board to get the size right. (Small wooden or metal frames can be purchased for a small cost. Participants are usually happy to contribute to the cost if necessary.) Write the selected quotation on to the card and decorate or colour as desired. Place the card into the frame. This activity can be used for a particularly special or significant quotation. You may like to let the participants choose the one they find particularly significant to them.



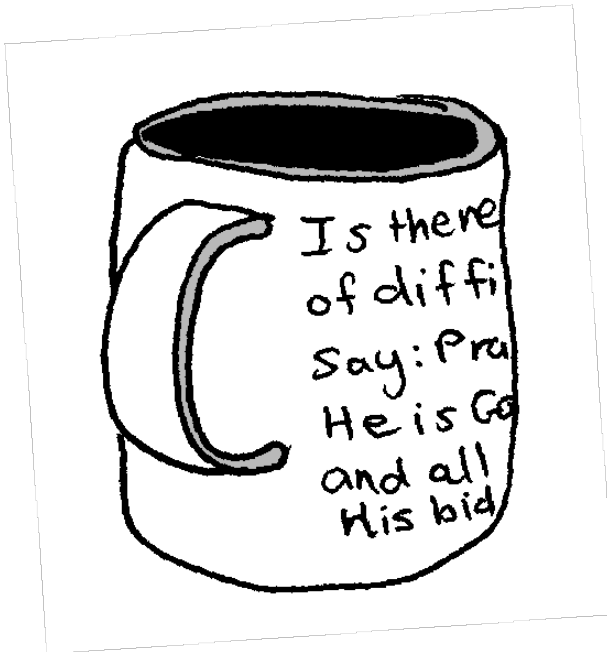
ACTIVITY: Fold half an A4 sheet of card in half. Write the selected quotation on the front or inside of the card and decorate or colour as desired. The card can be used as a gift to give to someone.



CUP REMINDERS

REMINDERS

ACTIVITY: With a permanent marker write a quotation that has been selected for memorization or reflection onto a regularly used cup or mug. Each time the mug or cup is used the quotation will be there to refer to. Sitting and having a 'cup of tea' is a relaxing time to reflect and memorize. The quotation can be easily removed with warm soapy water when it is no longer needed however do not use a good quality or valued cup just in case the pen does not come off. Disposable cups or plates can be used in the same way and then thrown away when it is no longer required.

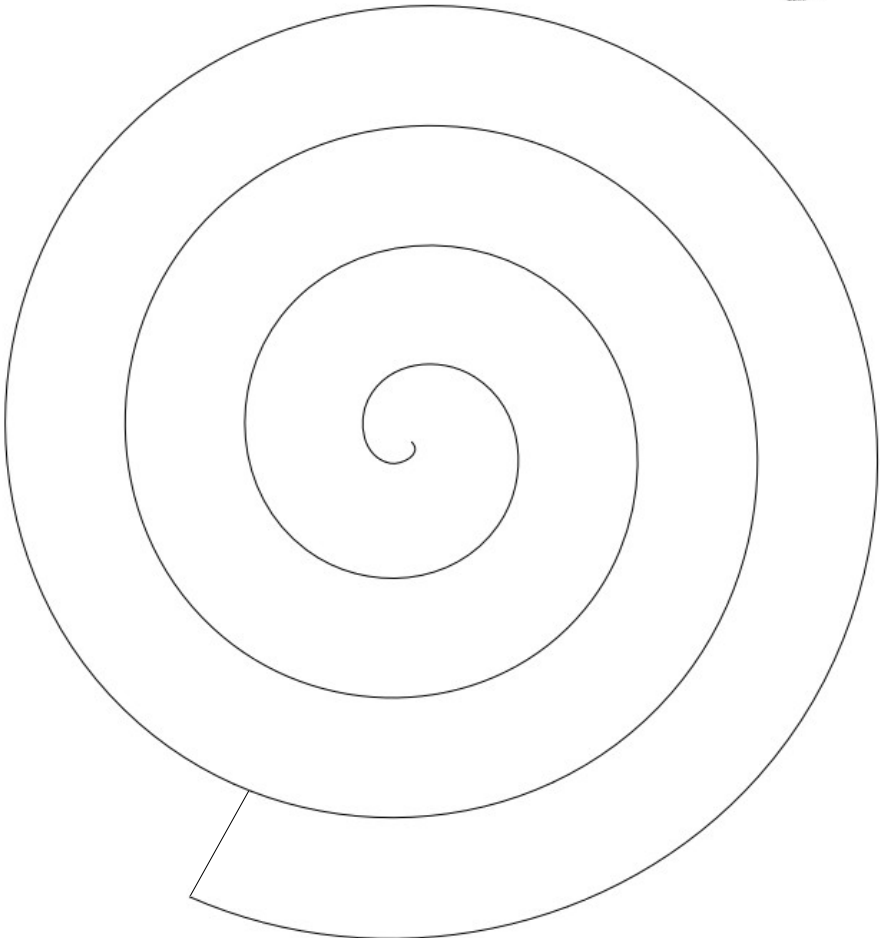
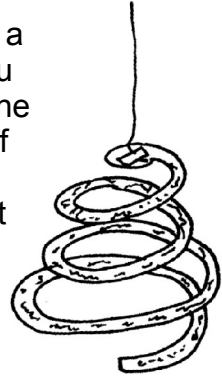




MEMORIZATION ACTIVITIES

The following activities are designed to assist participants with memorizing selected quotations.

ACTIVITY: Copy the spiral provided and write a chosen quotation into it. (It doesn't matter if you start from the middle or the outside). Cut out the spiral including the inner lines. Tape a piece of string to the centre so that it can be hung. Writing a quotation down is a great way to start memorizing. Spirals can also be drawn freehand by each participant (it does not have to be perfectly drawn).



ROTATIONAL WRITING



MEMORIZATION ACTIVITIES

ACTIVITY: With participants sitting in a circle ask one of them to write (preferably from memory) on a piece of paper the first few words or the first sentence in a chosen quotation. They then pass the sheet of paper to the person sitting next to them who then writes the next few words or the next sentence. Continue around the circle until the quotation is finished.

VARIATIONS:

- If the group is large you may like to try having two sheets of paper going around at the same time.

ACTIVITY: Write out a selected quotation by hand or using a printed out copy then cut up the quotation into single words or short phrases. Participants then try to put the quotation back in order from memory.

VARIATIONS:

- Once the quotation has been put back in order one piece can be removed and participants try to say the quotation again adding the missing part from memory. One at a time each piece gets removed until the participant can say the whole quotation from memory.

This variation can also be done by writing out the quotation on a piece of paper and rubbing out or colouring over one word or one phrase at a time until the quotation has been memorized.

Whoso ariseth among you to teach
the Cause of his Lord, let him,
before all else, teach his own self,
that his speech may attract the hearts
of them that hear him. Bahá'u'lláh









PICTORIAL WRITING

MEMORIZATION ACTIVITIES

ACTIVITY: Participants write out the quotation slowly and every time they come across a word that could be expressed with a picture, symbol, number, colour etc... they draw it in instead of the word. The images do not have to mean anything to anyone other than the participant. Images so not have to be drawn with any great skill as there purpose is to help with memory and understanding not to be a piece of artwork.



ACTIVITY: Participants write out the quotation with a few words or one sentence on a line and then next to each line draw a small symbol or picture to represent or help remember it. The images do not have to mean anything to anyone other than the participant. Images do not have to be drawn with any great skill as their purpose is to help with memory not to be a piece of artwork.

O FRIENDS! Verily I say,	
whatsoever ye have concealed	
within your hearts	
is to Us open	
and manifest as the day;	
but that it is hidden	
is of Our grace and favor,	
and not of your deservng.	
Bahá'u'lláh	

WRITING FROM MEMORY

MEMORIZATION ACTIVITIES

ACTIVITY:

STEP 1: Fold a piece of paper in half lengthwise (Lined paper works best).

STEP 2: Open up the paper again and on the top line copy out a few words or a sentence from the quotation.

STEP 3: Fold the paper over again and write from memory the words you have just written.

STEP 4: Open up the paper and check that you had it write and then on the next line write the next part of the quotation and continue this process of copy, write from memory and check until the quotation is completed.

STEP 1



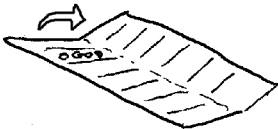
STEP 2



STEP 3



STEP 4



ACTIVITY: Cut strips of paper or card about 4cm thick and tape or staple together enough strips so that it is long enough to write the whole quotation. Participants then write their quotation along the strip using big writing to emphasize important words.

VARIATIONS:

- To emphasize particular words or parts of the quotation further participants can use colour, capital letters, underlining or decorative writing.
- This activity could also be done just on a plain sheet of paper instead of a long strip.



TEAM READING

MEMORIZATION ACTIVITIES

ACTIVITY: Divide the group into pairs. Each pair writes down the quotation on a piece of paper and then highlights or underlines different parts of it with another colour. The pair then reads the quotation aloud with one person reading the highlighted / underlined parts and the other person reading the rest. Do this a few times and then swap over. Encourage participants to do their part from memory if they can.

VARIATIONS:

- The different parts of the quotation could be written on separate sheets of paper so that each person has to listen carefully to when they need to say their parts.
- Longer quotations could be done in groups of three or four.

Example:

Let us put aside all thoughts of self; let us close our eyes to all on earth, let us neither make known our sufferings nor complain of our wrongs. Rather let us become oblivious of our own selves, and drinking down the wine of heavenly grace, let us cry out our joy, and lose ourselves in the beauty of the All-Glorious.

Ábdu'l-Bahá

The following activities are designed to facilitate reflection on the Word of God and give participants a framework in which to explore and express their thoughts.

ACTIVITY: Cut a piece of card or paper (it doesn't matter what size) into random shapes so that each participant can have one piece each. Each participant then expresses through words, colours, pictures etc... any thoughts or ideas that relate to the quotation. The pieces can be then glued back together onto another a separate sheet of card or paper.

VARIATIONS:

- Leaves, flowers, shells sticks, feathers, sand, string, objects etc. can also be glued on to help the participant express their thoughts.
- Instead of using the whole quotation, one significant word or one phrase could be selected for the activity.
- Each participant could be given one part of the quotation each to reflect on so when put back together the jigsaw will represent every part of the quotation. This would be particularly good for large quotations.



"Lift up your hearts above the present and look with eyes of faith into the future!
Today the seed is sown, the grain falls upon the earth, but behold the day will come
when it shall rise a glorious tree and the branches thereof shall be laden with fruit."

Ábdu'l-Bahá

REFLECTION POEM

REFLECTION ACTIVITIES

ACTIVITY: Participants choose a word that is of particular significance to them in a chosen quotation. They then write that word in large print down the centre of a piece of paper. Use each letter as part of a new word relating to the meaning of the selected word. The result is personal and only needs to have significance to the person who created it.

EXAMPLE:.

TREA **S** URE
HOPE
OCEANS
COU **R** AGE
ENDLESS
LIMITLESS
FOR **E** VER
PO **S** SIBILITIES
AN **S** WERS

O My servants! Were ye to discover the hidden, the shoreless oceans of My incorruptible wealth, ye would, of a certainty, esteem as nothing the world, nay, the entire creation.

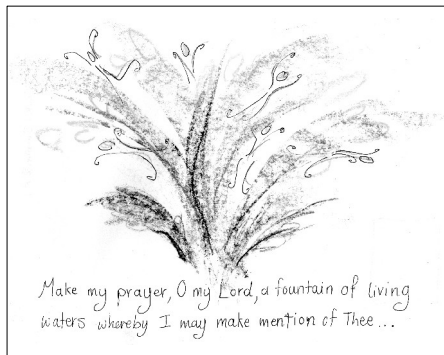
Bahá'u'lláh

ACTIVITY: Give each participant a piece of paper and some crowns, pastels or coloured pencils . Crowns are particularly good if you take off their covering paper because they can then also be used on their sides to cover larger areas.

Make sure that everyone has the selected quotation in front of them to refer to and then turn on some soothing music (classical is usually best) and give the participants a few minutes to draw anything that comes to mind relating to the quotation including thoughts, ideas, feelings, emotions and inspirations. These can be expressed through pictures, colours, expressive lines, symbols, words etc... Each person's will be different and it is important that participants understand that it is a personal reflection and does not have to mean anything to anyone else or look like anything in particular. In this activity the more abstract the image is the better.

VARIATIONS:

- Instead of each person having their own individual sheet of paper you could use one large sheet on which everyone adds their own thoughts.



THOUGHT CIRCLES

REFLECTION ACTIVITIES

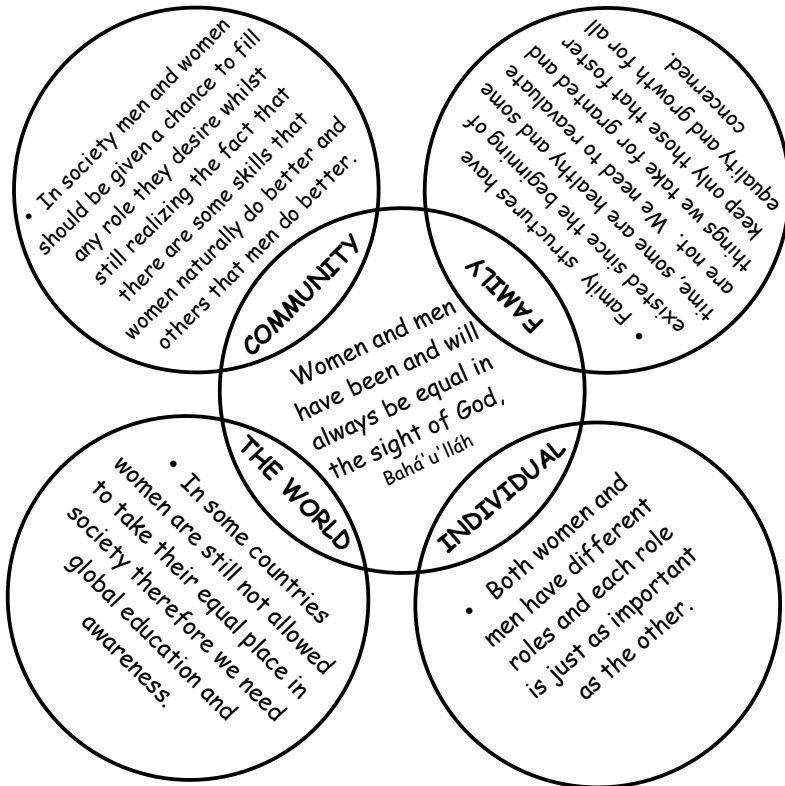
ACTIVITY: Each participant uses a cup or something similar to draw a central circle and two or more connecting circles around it as shown below. In the centre circle write the selected quotation and In the intersecting areas write relevant categories. For example:

- The Individual, Family, The Community, The World
- Home, Work, Friends
- Physical Reality, Spiritual Reality
- The Past, The Present, The Future

In the outer circles participants write any thoughts relating to the quotation regarding each specific category.

VARIATIONS:

- The same activity could be done as a group brainstorm by using a large sheet of paper and something like a plate to make larger circles in which all members of the group can add their thoughts.



ACTIVITY: Select a quotation, have each participant open their books so that they can see the quotation easily, play some soft music in the background (classical is often best) and then ask the participants to say one, two or three words that comes to mind when they read the quotation. This does not have to be done in a circle where people feel pressured to have a turn. Participants can contribute randomly and as often or as little as they like but try to keep it to one, two or three words. These word / words could be a feeling, object, idea, situation, thought, memory, action, virtue, key words from the quotation etc...

Example:

Thus I exhort each of you... to
sacrifice all your thoughts, words and
actions to bring the knowledge of the
Love of God into every heart.

Ábdu'l-Bahá

Words that may come to mind from the above quotation:

Sacrifice
Everyone
Selflessness,
Spreading
Sharing yourself
Giving yourself
Important message
Focused actions
Purpose
Thoughts, words, actions
Love
Joy
Igniting hearts
Our choice
Great capacity
Every Heart

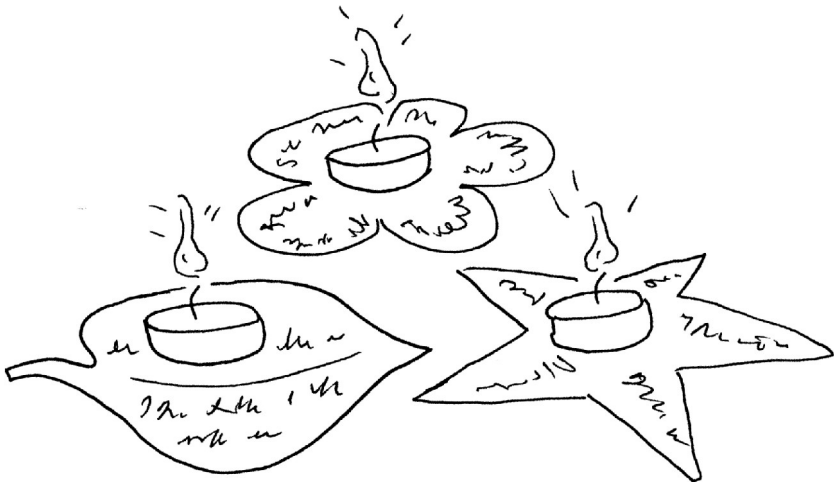
CANDLE DEVOTIONS

REFLECTION ACTIVITIES

ACTIVITY: Cut a shape using a template or by drawing freehand (the shape needs to be big enough to place a tea light candle in the centre and still have space around the outside.) Place a tea candle in the centre of the shape or where desired and draw around it to mark the place where the candle will sit. Participants write the selected quotation in the remaining space and decorate or colour as desired. Place the quotations together on a central table and place tea light candles in the marked areas. Light the candles during devotions.

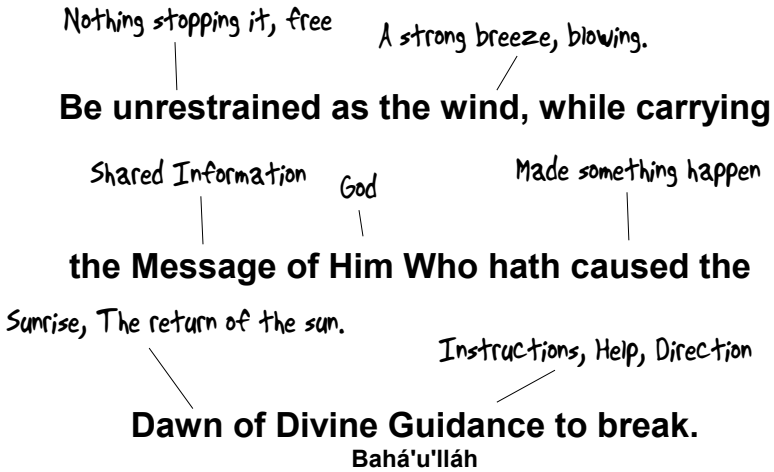
VARIATIONS:

- You may look to have the quotations for the candles as well as the prayers or quotations of the devotions all on a particular theme.
- The candles could all have the same selected quotation written around them and the devotions could involve each participant reading or reciting the same quotation. Repetition helps with reflection and memorization.



ACTIVITY: Write the quotation on to a piece of paper with plenty of space between each line. Draw a line from significant or unusual words and write down its definition from your own understanding or from a dictionary.

Example:



ACTIVITY: Select a quotation and then write the quotation down on another piece of paper in point form.

Example:

God's purpose in sending His Prophets unto men is twofold. The first is to liberate the children of men from the darkness of ignorance, and guide them to the light of true understanding. The second is to ensure the peace and tranquility of mankind, and provide all the means by which they can be established.

Bahá'u'lláh

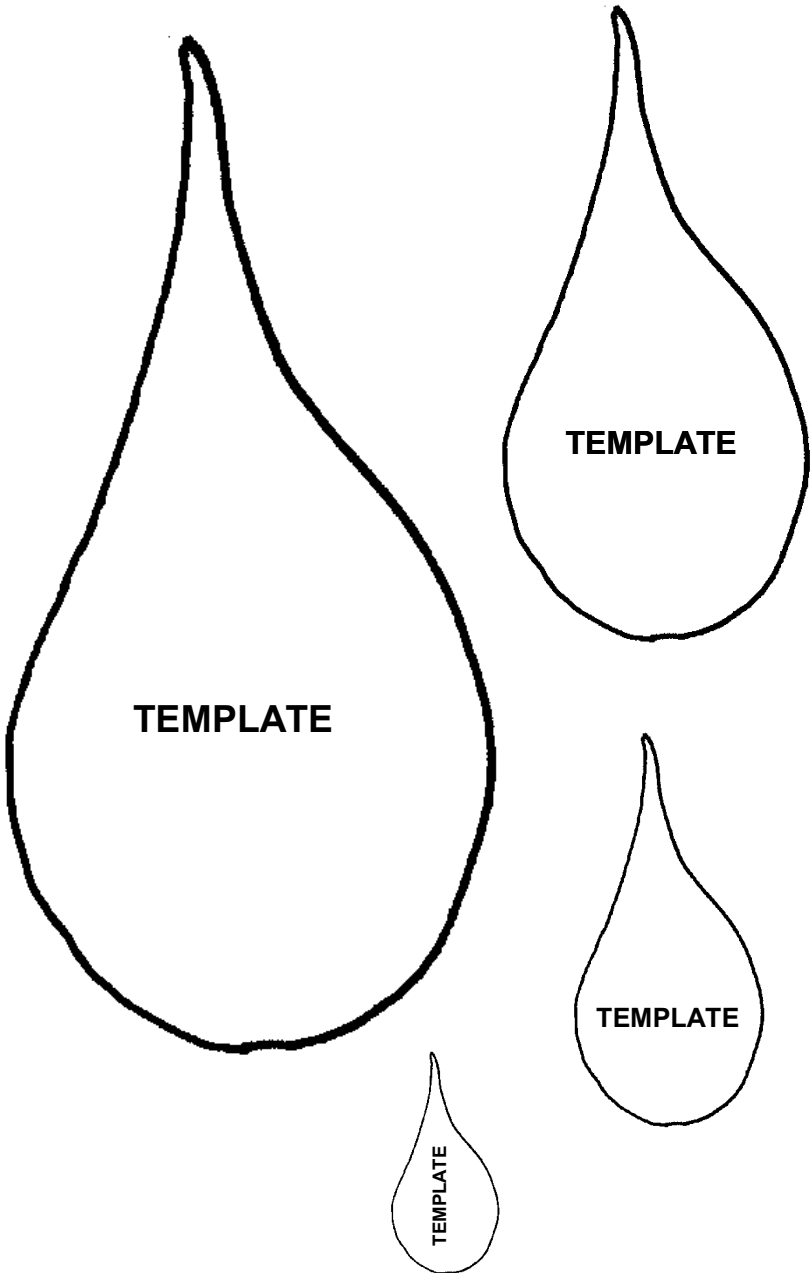
- God has a purpose
- God has sent prophets unto men.
- God's purpose is twofold
- God's first purpose is to liberate the children of men.
- The children of men will be liberated from the darkness of ignorance and guided to the light of true understanding.
- The second the purpose is to ensure the peace and tranquility of mankind.
- It is also to provide the means by which they can be established.

TEMPLATES

The templates provided include some common shapes that can be copied, cut out and traced around.

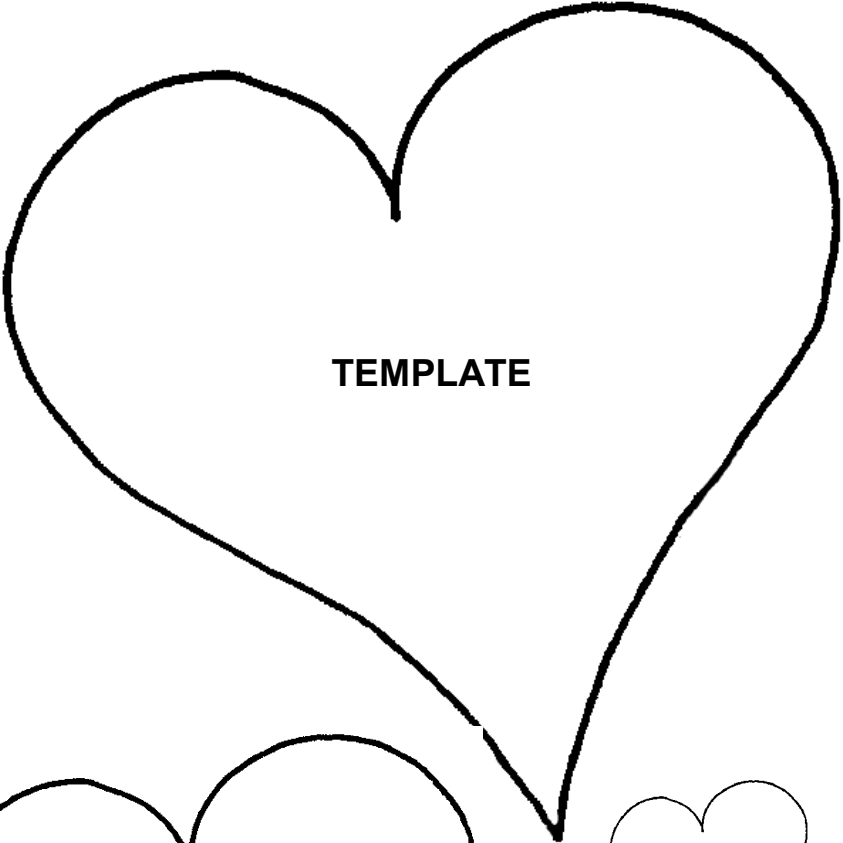
Objects around the house can also be used as templates.

For example; Circles can be made using cups, jar lids, sticky tape rolls and bowls. Squares/rectangles can be made using books, CD cases, boxes and plastic container lids.

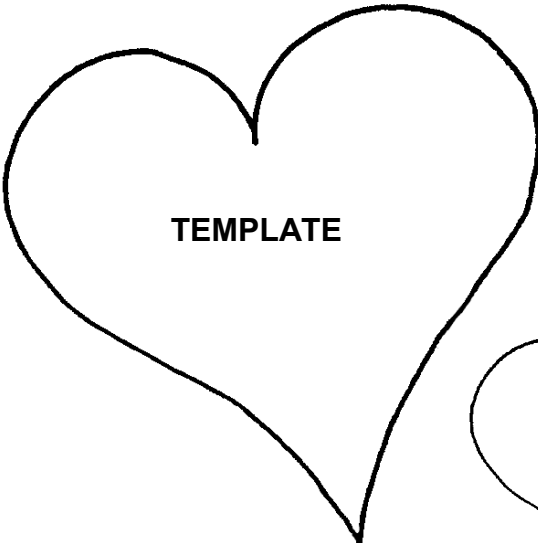


HEART

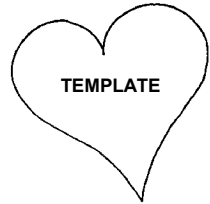
TEMPLATES



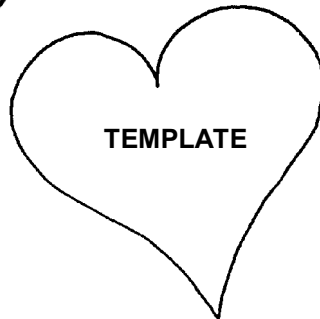
TEMPLATE



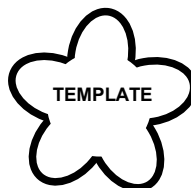
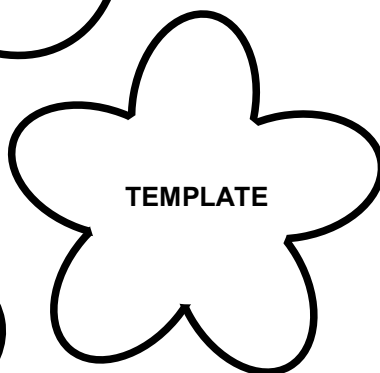
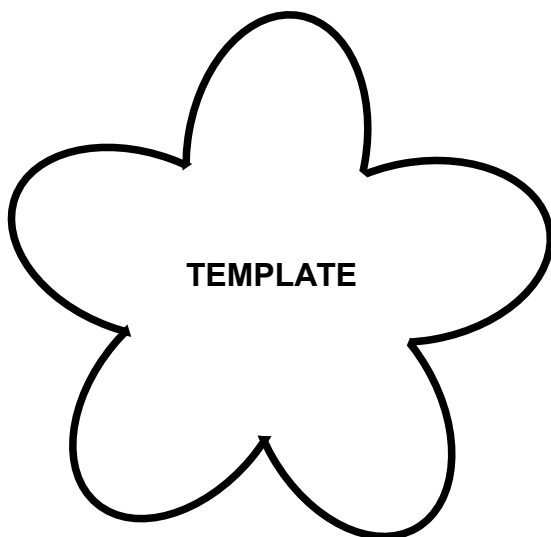
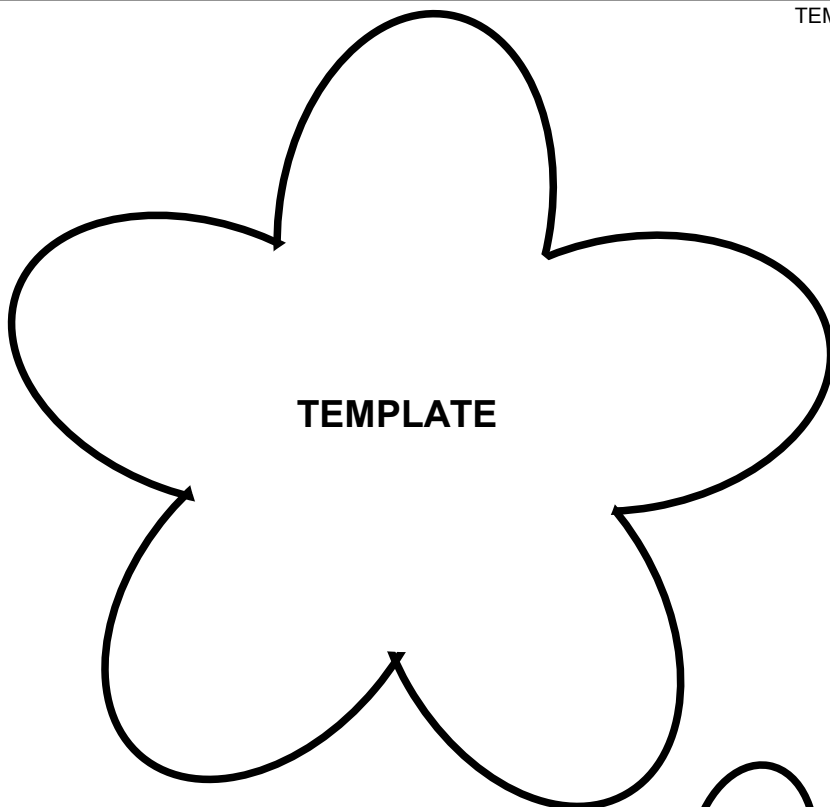
TEMPLATE



TEMPLATE

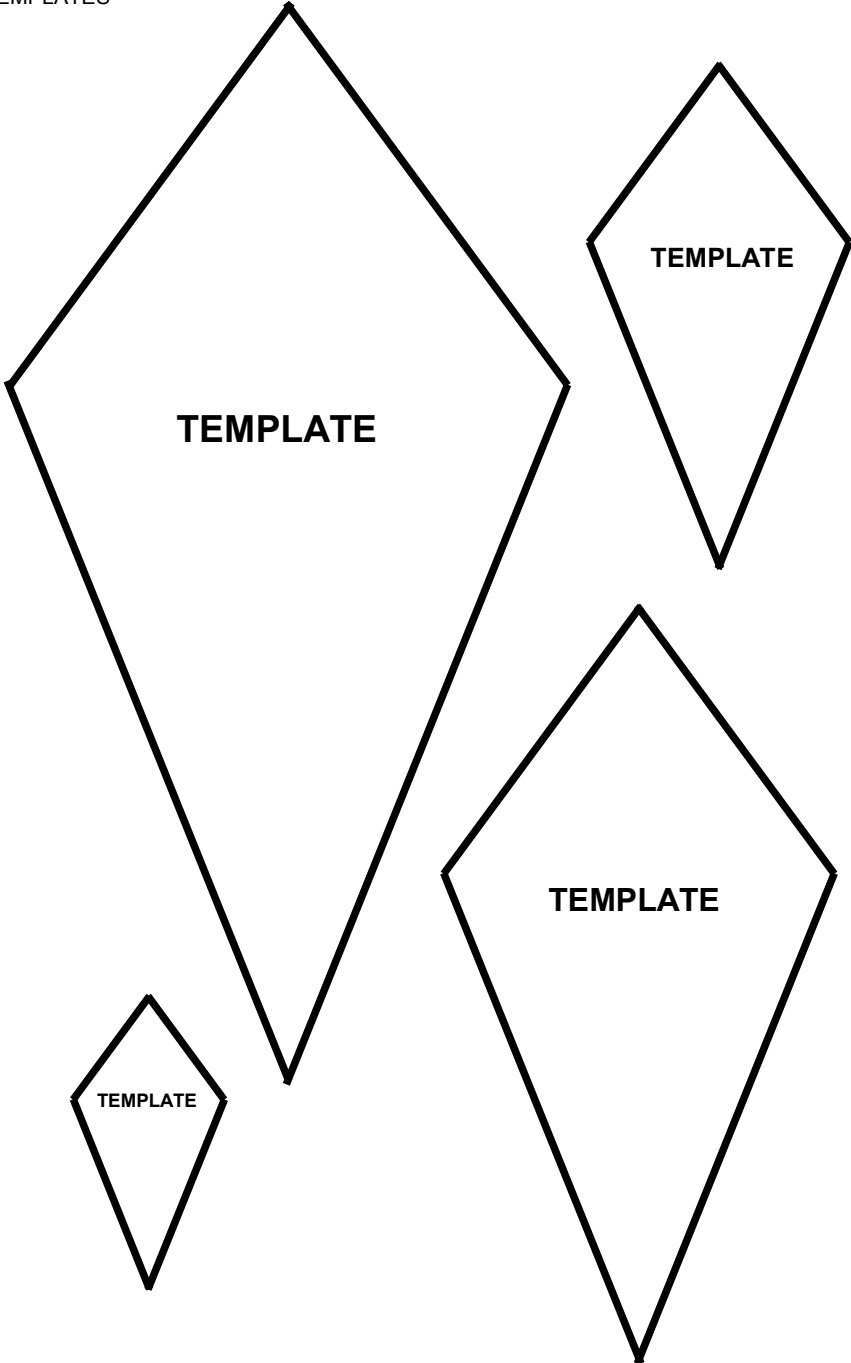


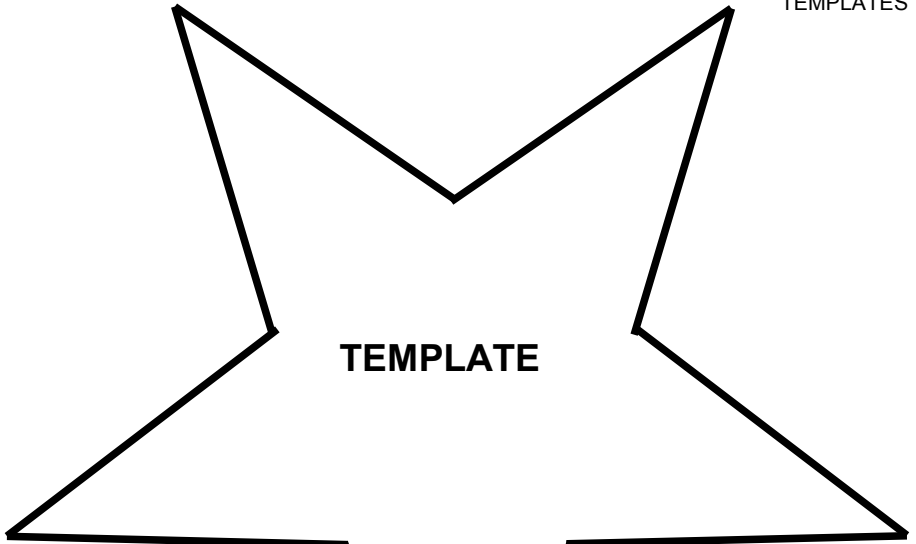
TEMPLATE



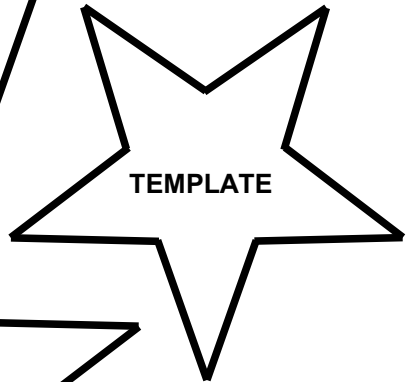
DIAMOND

TEMPLATES

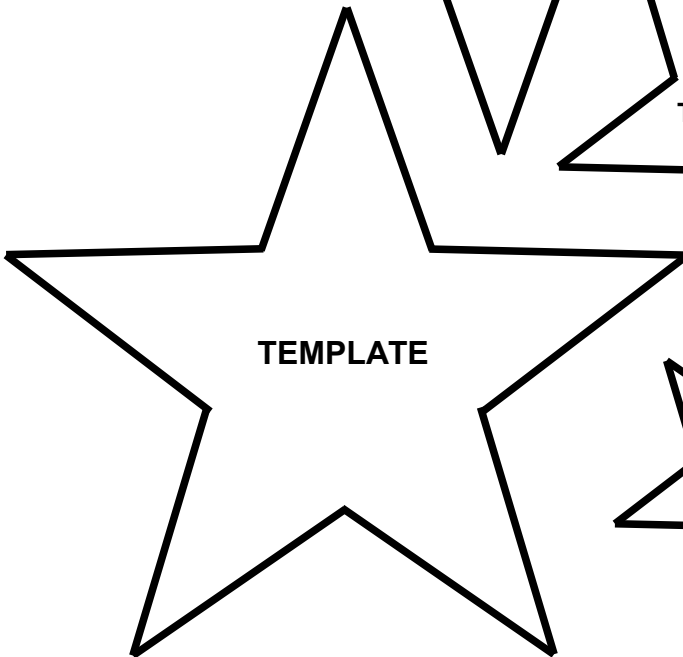




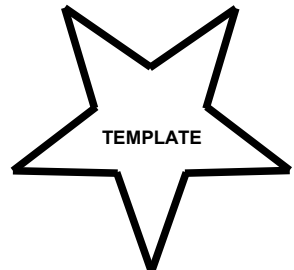
TEMPLATE



TEMPLATE



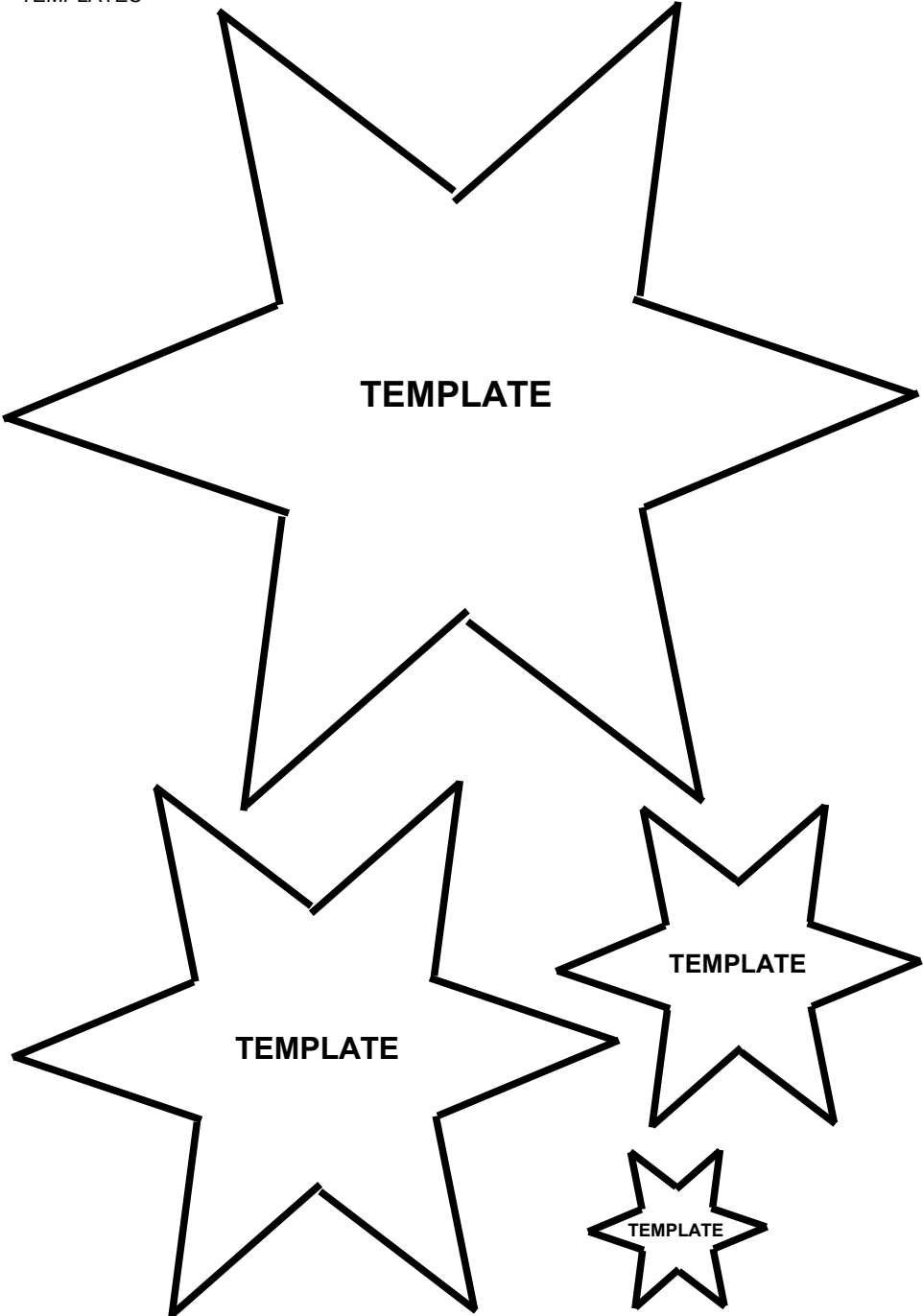
TEMPLATE

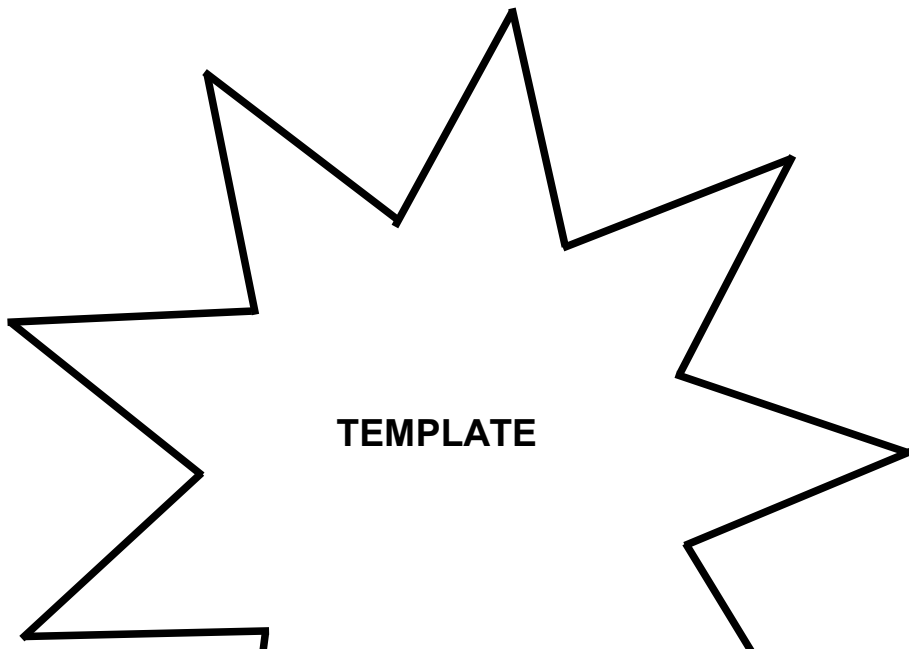


TEMPLATE

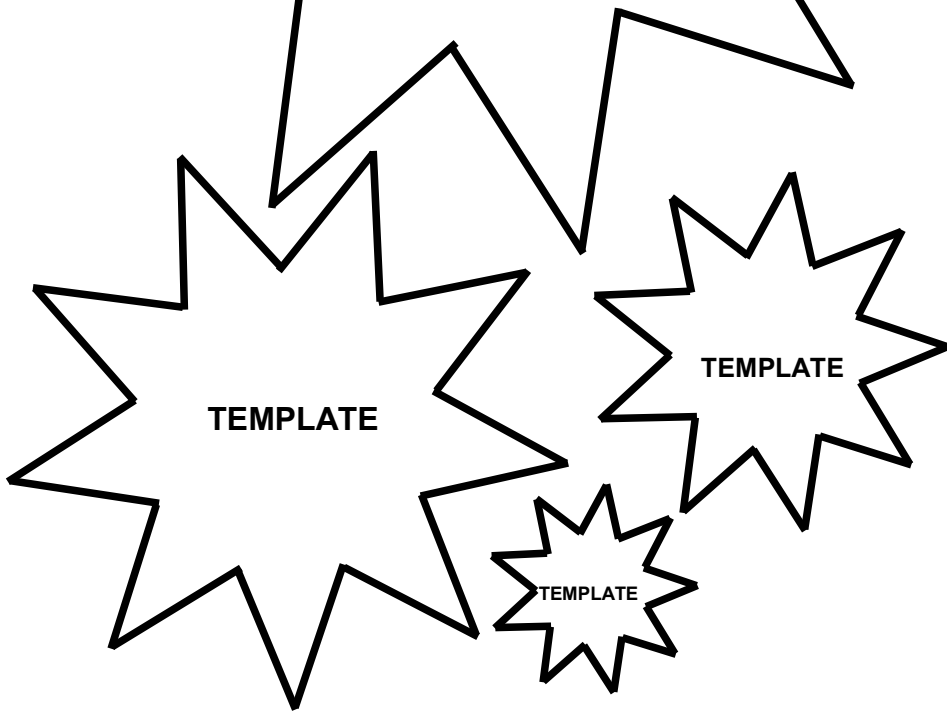
6 POINTED STAR

TEMPLATES





TEMPLATE



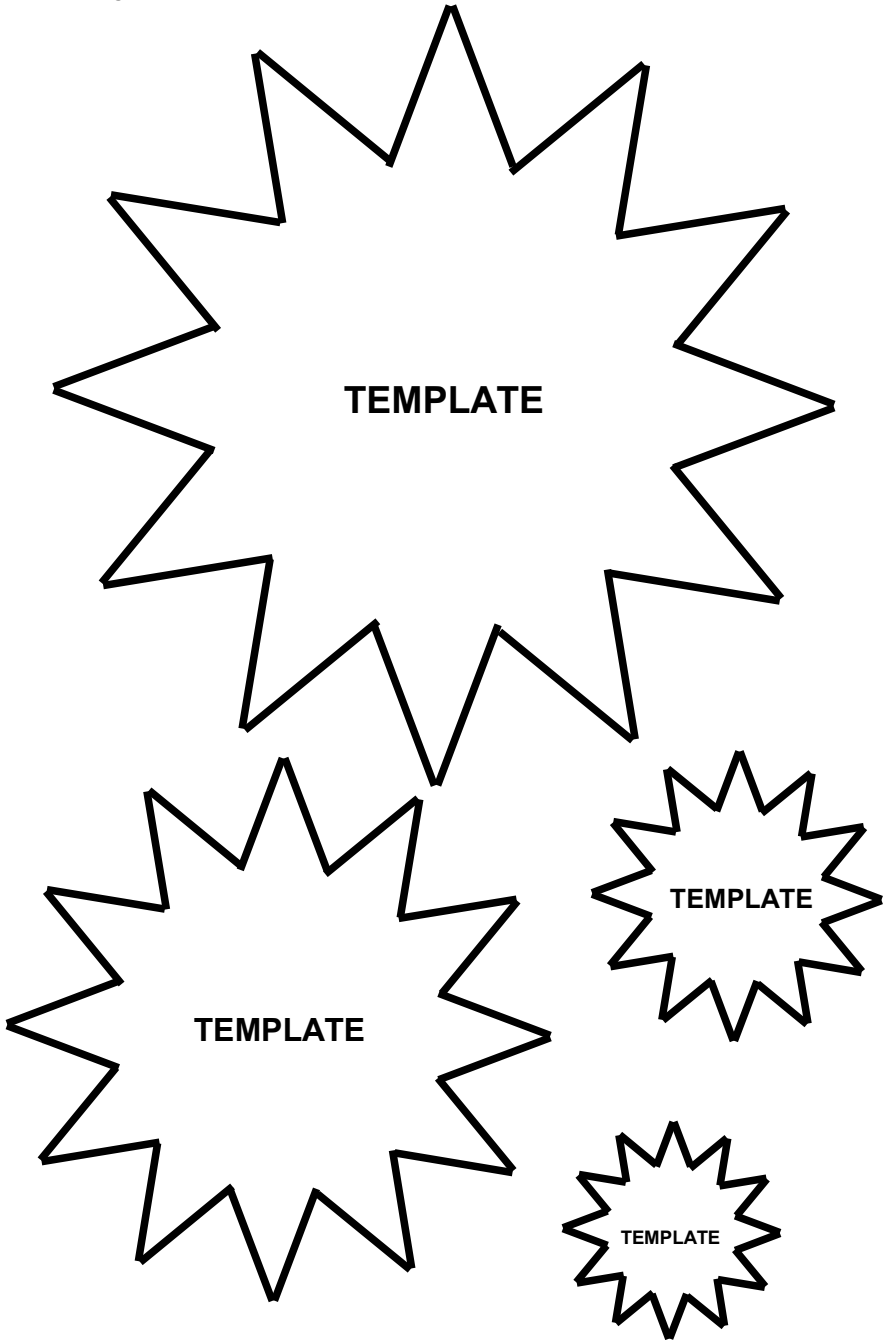
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MEMORIZATIONS

The following quotation cards are those that have been selected as memorizations in each of the seven Ruhi Books.

These can be copied and cut out to be used in various ways to assist in Ruhi study circles. They could be used as gifts, for the devotional portion, as part of a craft activity, for memorization etc...

**The following quotations are those set aside for memorization in
Ruhi Book 1 – REFLECTIONS ON THE LIFE OF THE SPIRIT**

The betterment of the
world can be
accomplished through
pure and goodly deeds,
through commendable
and seemly conduct.

Bahá'u'lláh

RUHI BK 1 – UNDERSTANDING BAHAI WRITINGS – SECT.1

Beware, O people
of Baha, lest ye
walk in the ways
of them whose
words differ from
their deeds.

Bahá'u'lláh

RUHI BK 1 – UNDERSTANDING BAHAI WRITINGS – SECT.1

O SON OF BEING!
Bring thyself to
account each day ere
thou art summoned
to a reckoning...

Bahá'u'lláh

RUHI BK 1 – UNDERSTANDING BAHAI WRITINGS – SECT.1

Say,
O brethren!
Let deeds, not
words, be your
adorning.

Bahá'u'lláh

RUHI BK 1 – UNDERSTANDING BAHAI WRITINGS – SECT.1

Holy words and
pure and goodly
deeds ascend
unto the heaven
of celestial glory.

Bahá'u'lláh

RUHI BK 1 – UNDERSTANDING BAHAI WRITINGS – SECT.1

A kindly tongue is the
lodestone of the hearts of
men. It is the bread of
the spirit, it clotheth the
words with meaning, it is
the fountain of the light
of wisdom and
understanding...

Bahá'u'lláh

RUHI BK 1 – UNDERSTANDING BAHAI WRITINGS – SECT.5

O ye beloved of the Lord!
In this sacred
Dispensation, conflict and
contention are in no wise
permitted. Every
aggressor deprives himself
of God's grace.
Ábdu'l-Bahá

RUHI BK 1 – UNDERSTANDING BAHAI WRITINGS – SECT.5

Nothing whatsoever can,
in this Day, inflict a
greater harm upon this
Cause than dissension
and strife, contention,
estrangement and
apathy, among the loved
ones of God.
Bahá'u'lláh

RUHI BK 1 – UNDERSTANDING BAHAI WRITINGS – SECT.5

Do not be content
with showing
friendship in words
alone, let your heart
burn with loving
kindness for all who
may cross your path.
Ábdu'l-Bahá

RUHI BK 1 – UNDERSTANDING BAHAI WRITINGS – SECT.5

When a thought of war
comes, oppose it by a
stronger thought of
peace. A thought of
hatred must be destroyed
by a more powerful
thought of love.
Ábdu'l-Bahá

RUHI BK 1 – UNDERSTANDING BAHAI WRITINGS – SECT.5

...backbiting
quencheth the
light of the heart,
and extinguisheth
the life of the soul.
Bahá'u'lláh

RUHI BK 1 – UNDERSTANDING BAHAI WRITINGS – SECT.7

Breathe not the
sins of others so
long as thou art
thyself a sinner.
Bahá'u'lláh

RUHI BK 1 – UNDERSTANDING BAHAI WRITINGS – SECT.7

Speak no evil, that
thou mayest not hear
it spoken unto thee,
and magnify not the
faults of others that
thine own faults may
not appear great..

Bahá'u'lláh

RUHI BK 1 – UNDERSTANDING BAHAI WRITINGS – SECT.7

O SON OF BEING!
How couldst thou
forget thine own
faults and busy thyself
with the faults of
others? Whoso doeth
this is accursed of Me.

Bahá'u'lláh

RUHI BK 1 – UNDERSTANDING BAHAI WRITINGS – SECT.7

O God, my God! Look not
upon my hopes and my doings,
nay rather look upon Thy will
that hath encompassed the
heavens and the earth. By Thy
Most Great Name, O Thou
Lord of all nations! I have
desired only what Thou didst
desire, and love only what
Thou dost love.

Bahá'u'lláh

RUHI BOOK 1 – PRAYER – SECTION 6

Make my prayer, O my
Lord, a fountain of
living waters whereby I
may live as long as Thy
sovereignty endureth,
and may make mention
of Thee in every world
of Thy worlds.

Bahá'u'lláh

RUHI BOOK 1 – PRAYER – SECTION 6

Too high art Thou for the praise of those who are nigh
unto Thee to ascend unto the heaven of Thy nearness,
or for the birds of the hearts of them who are devoted
to Thee to attain to the door of Thy gate. I testify that
Thou hast been sanctified above all attributes and holy
above all names. No God is there but Thee, the Most
Exalted, the All-Glorious.

Bahá'u'lláh

RUHI BOOK 1 – PRAYER – SECTION 6

**The following quotations are those set aside for memorization in
Ruhi Book 2 – ARISING TO SERVE**

O wayfarer in the path of God! Take thou thy portion of the ocean of His grace, and deprive not thyself of the things that lie hidden in its depths. Be thou of them that have partaken of its treasures. A dewdrop out of this ocean would, if shed upon all that are in the heavens and on the earth, suffice to enrich them with the bounty of God, the Almighty, the All-Knowing, the All-Wise. With the hands of renunciation draw forth from its life-giving waters, and sprinkle therewith all created things, that they may be cleansed from all man-made limitations and may approach the mighty seat of God, this hallowed and resplendent Spot.

Bahá'u'lláh

RUHI BOOK 2 – THE JOY OF TEACHING – SECTION 1

Gird up the loins of thine endeavor, that haply thou mayest guide thy neighbor to the law of God, the Most Merciful. Such an act, verily, excelleth all other acts in the sight of God, the All-Possessing, the Most High.

Bahá'u'lláh

RUHI BOOK 2 – THE JOY OF TEACHING – SECTION 9

Whoso ariseth to teach Our Cause must needs detach himself from all earthly things, and regard, at all times, the triumph of Our Faith as his supreme objective.

Bahá'u'lláh

RUHI BOOK 2 – THE JOY OF TEACHING – SECTION 9

Be unrestrained as the wind, while carrying the Message of Him Who hath caused the Dawn of Divine Guidance to break.

Bahá'u'lláh

RUHI BOOK 2 – THE JOY OF TEACHING – SECTION 9

When the victory arriveth, every man shall profess himself as believer and shall hasten to the shelter of God's Faith. Happy are they who in the days of world-encompassing trials have stood fast in the Cause and refused to swerve from its truth.

Bahá'u'lláh

RUHI BOOK 2 – THE JOY OF TEACHING – SECTION 9

O SON OF BEING!
Make mention of Me
on My earth, that in
My heaven I may
remember thee, thus
shall Mine eyes and
thine be solaced.

Bahá'u'lláh

RUHI BOOK 2 – THE JOY OF TEACHING – SECTION 9

Illumine
our hearts,
grant us
discerning eyes
and
attentive ears.

Ábdu'l-Bahá

RUHI BOOK 2 – DEEPENING THEMES – SECTION 2

O Lord! Grant
Thine infinite
bestowals, and let
the light of Thy
guidance shine.

Ábdu'l-Bahá

RUHI BOOK 2 – DEEPENING THEMES – SECTION 2

Unlock the gates of
true understanding
and let the light of
faith shine
resplendent.

Ábdu'l-Bahá

RUHI BOOK 2 – DEEPENING THEMES – SECTION 2

Illumine,
O Lord, the faces
of Thy servants,
that they may
behold Thee...

Bahá'u'lláh

RUHI BOOK 2 – DEEPENING THEMES – SECTION 2

O our Lord!
Turn our faces
unto Thy
merciful
countenance...

Ábdu'l-Bahá

RUHI BOOK 2 – DEEPENING THEMES – SECTION 2

My name is 'Abdu'l-Bahá. My qualification is 'Abdu'l-Bahá.
My reality is 'Abdu'l-Bahá. My praise is 'Abdu'l-Bahá.
Thralldom to the Blessed Perfection is my glorious and
refulgent diadem, and servitude to all the human race my
perpetual religion... No name, no title, no mention, no
commendation have I, nor will ever have, except 'Abdu'l-
Bahá. This is my longing. This is my greatest yearning. This is
my eternal life. This is my everlasting glory.

Ábdu'l-Bahá

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 2

All men have
been created to
carry forward an
ever-advancing
civilization.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 3

The Purpose of the one
true God, exalted be His
glory, in revealing
Himself unto men is to
lay bare those gems that
lie hidden within the
mine of their true and
inmost selves.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 3

God's purpose in sending His
Prophets unto men is twofold. The
first is to liberate the children of
men from the darkness of
ignorance, and guide them to the
light of true understanding. The
second is to ensure the peace and
tranquility of mankind, and
provide all the means by which
they can be established.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 3

Men at all times and
under all conditions
stand in need of one
to exhort them, guide
them and to instruct
and teach them.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 3

There can be no doubt whatever that the peoples of the world, of whatever race or religion, derive their inspiration from one heavenly Source, and are the subjects of one God.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 4

Consort with the followers of all religions in a spirit of friendliness and fellowship

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 4

The fundamental purpose animating the Faith of God and His Religion is to safeguard the interests and promote the unity of the human race...

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 4

The religion of God is for love and unity; make it not the cause of enmity or dissension.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 4

The knowledge of Him, Who is the Origin of all things, and attainment unto Him, are impossible save through knowledge of, and attainment unto, these luminous Beings who proceed from the Sun of Truth.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 5

No man, however acute his perception, can ever hope to reach the heights which the wisdom and understanding of the Divine Physician have attained.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 5

The Person of the
Manifestation hath ever been
the representative and
mouthpiece of God. He, in
truth, is the Day Spring of
God's most excellent Titles,
and the Dawning-Place of
His exalted Attributes.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 5

Be ye assured, moreover, that
the works and acts of each
and every one of these
Manifestations of God, nay
whatever pertaineth unto
them, and whatsoever they
may manifest in the future,
are all ordained by God, and
are a reflection of His Will
and Purpose.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 5

The Eternal Truth is now
come. He hath lifted up
the Ensign of Power, and
is now shedding upon the
world the unclouded
splendor of His
Revelation.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 6

He it is Who is the
Manifestation of Him
Who is the Unknowable,
the Invisible of the
Invisibles, could ye but
perceive it.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 6

This is the Day
whereon the All-
Merciful hath come
down in the clouds of
knowledge, clothed
with manifest
sovereignty.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 6

Every age hath its own
problem, and every soul its
particular aspiration. The
remedy the world needeth
in its present-day afflictions
can never be the same as
that which a subsequent age
may require.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 7

Be anxiously
concerned with the
needs of the age ye live
in, and center your
deliberations on its
exigencies and
requirements.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 7

A new life is, in this age,
stirring within all the
peoples of the earth; and
yet none hath
discovered its cause or
perceived its motive.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 7

The progress of the world,
the development of
nations, the tranquillity of
peoples, and the peace of
all who dwell on earth are
among the principles and
ordinances of God.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 8

Religion is, verily, the
chief instrument for
the establishment of
order in the world,
and of tranquillity
amongst its peoples.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 8

The well-being of
mankind, its peace and
security, are
unattainable
unless and until its
unity is firmly
established.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 8

The tabernacle of unity
hath been raised; regard
ye not one another as
strangers. Ye are the
fruits of one tree, and the
leaves of one branch.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 9

So powerful is
the light of unity
that it can
illuminate the
whole earth

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 9

Set your faces towards unity,
and let the radiance of its
light shine upon you. Gather
ye together, and for the sake
of God resolve to root out
whatever is the source of
contention amongst you.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 9

It behoveth man to
adhere tenaciously
unto that which will
promote fellowship,
kindliness and unity.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 9

The light of men is Justice.
Quench it not with the
contrary winds of oppression
and tyranny. The purpose of
justice is the appearance of
unity among men

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 10

No radiance can
compare with that of
justice. The organization
of the world and the
tranquillity of mankind
depend upon it.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 10

That which traineth the
world is Justice, for it is
upheld by two pillars,
reward and punishment.
These two pillars are the
sources of life to the world.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHAI BELIEFS – SECT. 10

Women and
men have been
and will always
be equal in the
sight of God,
Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHÁ'I BELIEFS – SECT. 11

Know ye not why We
created you all from
the same dust? That
no one should exalt
himself over the other.
Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHÁ'I BELIEFS – SECT. 11

In this Day the
Hand of divine grace
hath removed all
distinctions. The
servants of God and
His handmaidens
are regarded on the
same plane.
Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHÁ'I BELIEFS – SECT. 11

It is not desirable that
a man be left without
knowledge or skills,
for he is then but a
barren tree.
Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHÁ'I BELIEFS – SECT. 12

Bend your
minds and wills
to the education
of the peoples
and kindreds of
the earth...
Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHÁ'I BELIEFS – SECT. 12

Arts, crafts and
sciences uplift the
world of being, and
are conducive to its
exaltation. Knowledge
is as wings to man's
life, and a ladder for
his ascent.
Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHÁ'I BELIEFS – SECT. 12

In truth, knowledge is
a veritable treasure for
man, and a source of
glory, of bounty, of joy,
of exaltation, of cheer
and gladness unto him.

Bahá'u'lláh

RUHI BK 2 – INTRODUCING BAHÁ'Í BELIEFS – SECT. 12

**The following quotations are those set aside for memorization in
Ruhi Book 3 – TEACHING CHILDREN'S CLASSES – Grade 1**

Blessed is that
teacher who
shall arise to
instruct the
children...

Bahá'u'lláh

RUHI BK 3 – SOME PRINCIPALS OF BAHÁ'I ED. – SECT. 1

Among the greatest of
all services that can
possibly be rendered by
man to Almighty God
is the education and
training of children...

Ábdu'l-Bahá

RUHI BK 3 – SOME PRINCIPALS OF BAHÁ'I ED. – SECT. 1

According to the explicit divine Text, teaching the children is indispensable and obligatory. It followeth that teachers are servants of the Lord God, since they have arisen to perform this task, which is the same as worship. You must therefore offer praise with every breath, for you are educating your spiritual children.

Ábdu'l-Bahá

RUHI BK 3 – SOME PRINCIPALS OF BAHÁ'I ED. – SECT. 1

Regard man as a mine
rich in gems of
inestimable value.
Education can, alone,
cause it to reveal its
treasures, and enable
mankind to benefit
therefrom.

Bahá'u'lláh

RUHI BK 3 – SOME PRINCIPALS OF BAHÁ'I ED. – SECT. 3

Whoso ariseth among
you to teach the Cause of
his Lord, let him, before
all else, teach his own
self, that his speech may
attract the hearts of
them that hear him.

Bahá'u'lláh

RUHI BK 3 – SOME PRINCIPALS OF BAHÁ'I ED. – SECT. 8

Let God be your
fear, O people,
and be ye of
them that tread
the path of
righteousness.

Bahá'u'lláh

RUHI BK 3 – SOME PRINCIPALS OF BAHÁ'Í ED. – SECT. 10

**The following quotations are those set aside for memorization in
Ruhi Book 4 – THE TWIN MANIFESTATIONS**

There is no time to lose. There is no room left for vacillation. Multitudes hunger for the Bread of Life. The stage is set. The firm and irrevocable Promise is given. God's own Plan has been set in motion. It is gathering momentum with every passing day. The powers of heaven and earth mysteriously assist in its execution. Such an opportunity is irreplaceable. Let the doubter arise, and himself verify the truth of such assertions. To try, to persevere, is to ensure ultimate and complete victory.

Shoghi Effendi

RUHI BK 4 – THE GREATNESS OF THIS DAY – SECT. 8

Beseech almighty Providence that He may graciously enable you to attain, in that capital, the seat of true sovereignty, and to enter the mansion of the Beloved. A secret lies hidden in that city. When made manifest, it shall turn the earth into paradise. My hope is that you may partake of its grace and recognize its splendour.

The Báb

RUHI BOOK 4 – THE LIFE OF THE BAB – SECTION 3

Is there any Remover
of difficulties save
God? Say: Praised be
God! He is God! All are
His servants, and all
abide by His bidding!

The Báb

RUHI BOOK 4 – THE LIFE OF THE BAB – SECTION 11

Say: God sufficeth all things above all things, and nothing in the heavens or in the earth but God sufficeth. Verily, He is in Himself the Knower, the Sustainer, the Omnipotent.

The Báb

RUHI BOOK 4 – THE LIFE OF THE BAB – SECTION 11

O My beloved friends! You are the bearers of the name of God in this Day. You have been chosen as the repositories of His mystery. It behoves each one of you to manifest the attributes of God, and to exemplify by your deeds and words the signs of His righteousness,

The Báb

RUHI BOOK 4 – THE LIFE OF THE BAB – SECTION 11

The first duty prescribed by God for His servants is the recognition of Him Who is the Day Spring of His Revelation and the Fountain of His 331 laws, Who representeth the Godhead in both the Kingdom of His Cause and the world of creation. Whoso achieveth this duty hath attained unto all good; and whoso is deprived thereof, hath gone astray, though he be the author of every righteous deed. It behoveth every one who reacheth this most sublime station, this summit of transcendent glory, to observe every ordinance of Him Who is the Desire of the world. These twin duties are inseparable. Neither is acceptable without the other. Thus hath it been decreed by Him Who is the Source of Divine inspiration.

They whom God hath endued with insight will readily recognize that the precepts laid down by God constitute the highest means for the maintenance of order in the world and the security of its peoples. He that turneth away from them, is accounted among the abject and foolish. We, verily, have commanded you to refuse the dictates of your evil passions and corrupt desires, and not to transgress the bounds which the Pen of the Most High hath fixed, for these are the breath of life unto all created things. The seas of Divine wisdom and divine utterance have risen under the breath of the breeze of the All-Merciful. Hasten to drink your fill, O men of understanding! They that have violated the Covenant of God by breaking His commandments, and have turned back on their heels, these have erred grievously in the sight of God, the All-Possessing, the Most High.

O ye peoples of the world! Know assuredly that My commandments are the lamps of My loving providence among My servants, and the keys of My mercy for My creatures. Thus hath it been sent down from the heaven of the Will of your Lord, the Lord of Revelation. Were any man to taste the sweetness of the words which the lips of the All-Merciful have willed to utter, he would, though the treasures of the earth be in his possession, renounce them one and all, that he might vindicate the truth of even one of His commandments, shining above the day spring of His bountiful care and loving-kindness.

Say: From My laws the sweet smelling savor of My garment can be smelled, and by their aid the standards of victory will be planted upon the highest peaks. The Tongue of My power hath, from the heaven of My omnipotent glory, addressed to My creation these words: "Observe My commandments, for the love of My beauty." Happy is the lover that hath inhaled the divine fragrance of his Best-Beloved from these words, laden with the perfume of a grace which no tongue can describe. By My life! He who hath drunk the choice wine of fairness from the hands of My bountiful favor, will circle around My commandments that shine above the Day Spring of My creation.

Think not that We have revealed unto you a mere code of laws. Nay, rather, We have unsealed the choice Wine with the fingers of might and power. To this beareth witness that which the Pen of Revelation hath revealed. Meditate upon this, O men of insight!
Bahá'u'lláh

**The following quotations are those set aside for memorization in
Ruhi Book 5 – RELEASING THE POWERS OF JUNIOR YOUTH**

O Lord! Make this youth radiant, and confer Thy bounty upon this poor creature. Bestow upon him knowledge, grant him added strength at the break of every morn and guard him within the shelter of Thy protection so that he may be freed from error, may devote himself to the service of Thy Cause, may guide the wayward, lead the hapless, free the captives and awaken the heedless, that all may be blessed with Thy remembrance and praise. Thou art the Mighty and the Powerful.

Ábdu'l-Bahá

RUHI BK 5 – UNIT 1 – SECTION 4

Inspire them, O my Lord, with a sense of their own powerlessness before Him Who is the Manifestation of Thy Self, and teach them to recognize the poverty of their own nature in the face of the manifold tokens of Thy self-sufficiency and riches, that they may gather together round Thy Cause, and cling to the hem of Thy mercy, and cleave to the cord of the good-pleasure of Thy will.

Bahá'u'lláh

RUHI BK 5 – UNIT 2 – SECTION 9

Divest, then, Thy servants, O my God, of the garments of self and desire, or grant that the eyes of Thy people may be lifted up to such heights that they will discern in their desires naught except the stirring of the gentle winds of Thine eternal glory, and may recognize in their own selves nothing but the revelation of Thine own merciful Self, that the earth and all that is therein may be cleansed of whatever is alien to Thee, or anything that manifesteth aught save Thy Self.

Bahá'u'lláh

RUHI BK 5 – UNIT 2 – SECTION 9

Know thou, verily, there are many veils in which the Truth is enveloped: gloomy veils; then delicate and transparent veils; then the envelopment of Light, the sight of which dazzles the eyes, as doth the sun which is enveloped only in its own light and, as we look at it, the sight is blinded and eyes are dazzled.

I beg of God to remove all the veilings and familiarize the light with all eyes, so that man may not be veiled from witnessing the Sun of Truth.

Ábdu'l-Bahá

RUHI BK 5 – UNIT 2 – SECTION 6

The Day-Star of utterance, shining resplendent from the dayspring of divine Revelation, hath so illumined the Scrolls and Tablets that the kingdom of utterance and the exalted dominion of understanding vibrate with joy and ecstasy and shine forth with the splendour of His light,

Bahá'u'lláh

RUHI BK 5 – UNIT 3 – SECTION 13

Say: We have caused the rivers of Divine utterance to proceed out of Our throne, that the tender herbs of wisdom and understanding may spring forth from the soil of your hearts.

Bahá'u'lláh

Through the breaths of Thine utterance the heaven of understanding hath been adorned, and by the effusions of Thy pen every moldering bone hath been quickened.

Bahá'u'lláh

RUHI BK 5 – UNIT 3 – SECTION 13

RUHI BK 5 – UNIT 3 – SECTION 13

**The following quotations are those set aside for memorization in
Ruhi Book 6 – TEACHING THE CAUSE**

O thou lamp who art enkindled with the fire of the Love of God!
Verily, I read thy recent letter which showed thy strong love, thy being ablaze with the fire of the love of thy Lord, the Mighty, the Praised, and the penetration of the Spirit of Truth in thy limbs, nerves, veins, arteries, bones, blood and flesh, until it hath taken the reins of power from thy hands and moveth thee as it willeth, causeth thee to speak in what it willeth and attracted thee as it willeth. This is becoming of whatever heart is replenished with the spirit of the love of 717 God. Thou shalt surely behold wondrous traces and shalt discover the signs of thy Mighty Lord.

Ábdu'l-Bahá

RUHI BK 6 – THE SPIRITUAL NATURE... – SECTION. 7

Say: To assist Me is to teach My Cause. This is a theme with which whole Tablets are laden. This is the changeless commandment of God, eternal in the past, eternal in the future.

Bahá'u'lláh

RUHI BK 6 – THE SPIRITUAL NATURE... – SECTION. 11

Be not dismayed, O peoples of the world, when the day star of My beauty is set, and the heaven of My tabernacle is concealed from your eyes. Arise to further My Cause, and to exalt My Word amongst men. We are with you at all times, and shall strengthen you through the power of truth.

Bahá'u'lláh

RUHI BK 6 – THE SPIRITUAL NATURE... – SECTION. 11

The Pen of the Most High hath decreed and imposed upon every one the obligation to teach this Cause.... God will, no doubt, inspire whosoever detacheth himself from all else but Him, and will cause the pure waters of wisdom and utterance to gush out and flow copiously from his heart.

Bahá'u'lláh

RUHI BK 6 – THE SPIRITUAL NATURE... – SECTION. 11

God hath prescribed unto every one the duty of teaching His Cause. Whoever ariseth to discharge this duty, must needs, ere he proclaimeth His Message, adorn himself with the ornament of an upright and praiseworthy character, so that his words may attract the hearts of such as are receptive to his call.

Bahá'u'lláh

RUHI BK 6 – THE SPIRITUAL NATURE... – SECTION. 11

O ye beloved of God! Repose not yourselves on your couches, nay bestir yourselves as soon as ye recognize your Lord, the Creator, and hear of the things which have befallen Him, and hasten to His assistance. Unloose your tongues, and proclaim unceasingly His Cause. This shall be better for you than all the treasures of the past and of the future, if ye be of them that comprehend this truth.

Bahá'u'lláh

RUHI BK 6 – THE SPIRITUAL NATURE... – SECTION. 11

If one teaches one whom he loves because of his love for him, then he will not teach one whom he loves not; and that is not of God. If one teaches in order to derive the promised benefit to himself, this too is not from God. If he teaches because of God's Will that God may be known – and for that reason only – he will receive knowledge and wisdom, and his words will have effect – being made powerful by the Holy Spirit - and will take root in the souls of those who are in the right condition to receive them. In such a case the benefit to the teacher in growth is as ninety percent compared to the ten percent of gain to the hearer, because he becomes like a tree bearing fruit through the power of God.

Ábdu'l-Bahá

RUHI BK 6 – THE SPIRITUAL NATURE... – SECTION. 13

This is the day in which to speak. It is incumbent upon the people of Baha to strive, with the utmost patience and forbearance, to guide the peoples of the world to the Most Great Horizon. Every body calleth aloud for a soul. Heavenly souls must needs quicken, with the breath of the Word of God, the dead bodies with a fresh spirit.

Bahá'u'lláh

RUHI BK 6 – THE SPIRITUAL NATURE... – SECTION. 23

O thou son of the Kingdom! All things are beneficial if joined with the love of God; and without His love all things are harmful, and act as a veil between man and the Lord of the Kingdom. When His love is there, every bitterness turneth sweet, and every bounty rendereth a wholesome pleasure. For example, a melody, sweet to the ear, bringeth the very spirit of life to a heart in love with God, yet staineth with lust a soul engrossed in sensual desires. And every branch of learning, conjoined with the love of God, is approved and worthy of praise; but bereft of His love, learning is barren -- indeed, it bringeth on madness. Every kind of knowledge, every science, is as a tree: if the fruit of it be the love of God, then is it a blessed tree, but if not, that tree is but dried-up wood, and shall only feed the fire.

Ábdu'l-Bahá

RUHI BK 6 – THE SPIRITUAL NATURE... – SECTION. 28

By the righteousness of God! Whoso openeth his lips in this Day and maketh mention of the name of his Lord, the hosts of Divine inspiration shall descend upon him from the heaven of My name, the All-Knowing, the All-Wise. On him shall also descend the Concourse on high, each bearing aloft a chalice of pure light. Thus hath it been foreordained in the realm of God's Revelation, by the behest of Him Who is the All-Glorious, the Most Powerful.

Bahá'u'lláh

RUHI BK 6 – THE SPIRITUAL NATURE... – SECTION. 29

They that have forsaken their country for the purpose of teaching Our Cause - these shall the Faithful Spirit strengthen through its power. A company of Our chosen angels shall go forth with them, as bidden by Him Who is the Almighty, the All-Wise. How great the blessedness that awaiteth him that hath attained the honor of serving the Almighty!

Bahá'u'lláh

RUHI BK 6 – THE SPIRITUAL NATURE... – SECTION. 29

He, verily, will aid everyone
that aideth Him, and will
remember everyone that
remembereth Him. To this
beareth witness this Tablet
that hath shed the splendor
of the loving-kindness of
your Lord, the All-Glorious,
the All Compelling.

Bahá'u'lláh

RUHI BK 6 – THE SPIRITUAL NATURE... – SECTION. 29

Say: Beware, O people of Baha, lest
the strong ones of the earth rob
you of your strength, or they who
rule the world fill you with fear.
Put your trust in God, and commit
your affairs to His keeping. He,
verily, will, through the power of
truth, render you victorious, and
He, verily, is powerful to do what
He willeth, and in His grasp are the
reins of omnipotent might.

Bahá'u'lláh

RUHI BK 6 – THE SPIRITUAL NATURE... – SECTION. 29

By God besides Whom is none other God! Should any
one arise for the triumph of our Cause, him will God
render victorious though tens of thousands of enemies
be leagued against him. And if his love for Me wax
stronger, God will establish his ascendancy over all the
powers of earth and heaven. Thus have We breathed
the spirit of power into, all regions.

Bahá'u'lláh

RUHI BK 6 – THE SPIRITUAL NATURE... – SECTION. 29

He will come to your aid with invisible hosts, and support you
with armies of inspiration from the Concourse above; He will
send unto you sweet perfumes from the highest Paradise, and
waft over you the pure breathings that blow from the rose
gardens of the Company on high. He will breathe into your
hearts the spirit of life, cause you to enter the Ark of salvation,
and reveal unto you His clear tokens and signs. Verily is this
abounding grace. Verily is this the victory that none can deny.

Ábdu'l-Bahá

RUHI BK 6 – THE SPIRITUAL NATURE... – SECTION. 29

O ye servants of the Sacred Threshold! The triumphant hosts of the Celestial Concourse, arrayed and marshalled in the Realms above, stand ready and expectant to assist and assure victory to that valiant horseman who with confidence spurs on his charger into the arena of service. Well is it with that fearless warrior, who armed with the power of true Knowledge, hastens unto the field, disperses the armies of ignorance, and scatters the hosts of error, who holds aloft the Standard of Divine Guidance, and sounds the Clarion of Victory. By the righteousness of the Lord! He hath achieved a glorious triumph and obtained the true victory.

Ábdu'l-Bahá

RUHI BK 6 – THE SPIRITUAL NATURE... – SECTION. 29

As for you, O ye lovers of God, make firm your steps in His Cause, with such resolve that ye shall not be shaken though the direst of calamities assail the world. By nothing, under no conditions, be ye perturbed. Be ye anchored fast as the high mountains, be stars that dawn over the horizon of life, be bright lamps in the gatherings of unity, be souls humble and lowly in the presence of the friends, be innocent in heart. Be ye symbols of guidance and lights of godliness, severed from the world, clinging to the handhold that is sure and strong, spreading abroad the spirit of life, riding the Ark of salvation. Be ye daysprings of generosity, dawning-points of the mysteries of existence, sites where inspiration alighteth, rising-places of splendours, souls that are sustained by the Holy Spirit, enamoured of the Lord, detached from all save Him, holy above the characteristics of humankind, clothed in the attributes of the angels of heaven, that ye may win for yourselves the highest bestowal of all, in this new time, this wondrous age.

Ábdu'l-Bahá

RUHI BK 6 – THE QUALITIES AND ATTITUDES OF THE TEACHER – SECTION. 18

The opportunities which the turmoil of the present age presents, with all the sorrows which it evokes, the fears which it excites, the disillusionment which it produces, the perplexities which it creates, the indignation which it arouses, the revolt which it provokes, the grievances it engenders, the spirit of restless search which it awakens, must, in like manner, be exploited for the purpose of spreading far and wide the knowledge of the redemptive power of the Faith of Bahá'u'lláh, and for enlisting fresh recruits in the ever-swelling army of His followers. So precious an opportunity, so rare a conjunction of favorable circumstances, may never again recur.

Shoghi Effendi,

RUHI BK 6 – THE ACT OF TEACHING – SECTION. 2

**The following quotations are those set aside for memorization in
Ruhi Book 7 – WALKING TOGETHER ON A PATH OF SERVICE**

O My servants! Were ye
to discover the hidden,
the shoreless oceans of
My incorruptible
wealth, ye would, of a
certainty, esteem as
nothing the world, nay,
the entire creation.

Bahá'u'lláh

RUHI BOOK 7 – THE SPIRITUAL PATH – SECTION 3

He is the Compassionate, the All-Bountiful! O God, my God!
Thou seest me, Thou knowest me; Thou art my Haven and
my Refuge. None have I sought nor any will I seek save
Thee; no path have I trodden nor any will I tread but the
path of Thy love. In the darksome night of despair, my eye
turneth expectant and full of hope to the morn of Thy
boundless favor and at the hour of dawn my drooping soul is
refreshed and strengthened in remembrance of Thy beauty
and perfection. He whom the grace of Thy mercy aideth,
though he be but a drop, shall become the boundless ocean,
and the merest atom which the outpouring of Thy loving-
kindness assisteth, shall shine even as the radiant star.

Shelter under Thy protection, O Thou Spirit of purity, Thou
Whom art the All-Bountiful Provider, this enthralled,
enkindled servant of Thine. Aid him in this world of being
to remain steadfast and firm in Thy love and grant that this
broken-winged bird attain a refuge and shelter in Thy divine
nest that abideth upon the celestial tree.

Ábdu'l-Bahá

RUHI BOOK 7 – THE SPIRITUAL PATH – SECTION 8

Thus I exhort each of you... to sacrifice all your thoughts, words and actions to bring the knowledge of the Love of God into every heart.

Ábdu'l-Bahá

RUHI BOOK 7 – THE SPIRITUAL PATH – SECTION 11

...ye must in this matter - that is, the serving of humankind - lay down your very lives, and as ye yield yourselves, rejoice.

Ábdu'l-Bahá

RUHI BOOK 7 – THE SPIRITUAL PATH – SECTION 12

If only thou couldst know what a high station is destined for those souls who are severed from the world, are powerfully attracted to the Faith, and are teaching, under the sheltering shadow of Bahá'u'lláh! How thou wouldst rejoice, how thou wouldst, in exultation and rapture, spread thy wings and soar heavenward -- for being a follower of such a way, and a traveler toward such a Kingdom.

Ábdu'l-Bahá

RUHI BOOK 7 – THE SPIRITUAL PATH – SECTION 12

Hold ye fast to the hem of God's garment, and direct all your efforts toward furthering His Covenant, and burning ever more brightly with the fire of His love, that your hearts may leap for joy in the breathings of servitude which well out from the breast of 'Abdu'l-Bahá.

Ábdu'l-Bahá

RUHI BOOK 7 – THE SPIRITUAL PATH – SECTION 12

Let us put aside all thoughts of self; let us close our eyes to all on earth, let us neither make known our sufferings nor complain of our wrongs. Rather let us become oblivious of our own selves, and drinking down the wine of heavenly grace, let us cry out our joy, and lose ourselves in the beauty of the All-Glorious.

Ábdu'l-Bahá

RUHI BOOK 7 – THE SPIRITUAL PATH – SECTION 12

Ye are the angels, if your feet
be firm, your spirits rejoiced,
your secret thoughts pure,
your eyes consoled, your ears
opened, your breasts dilated
with joy, and your souls
gladdened, and if you arise to
assist the Covenant, to resist
dissension and to be
attracted to the Effulgence!

Ábdu'l-Bahá

RUHI BOOK 7 – THE SPIRITUAL PATH – SECTION 12

At all times do I speak of you
and call you to mind. I pray
unto the Lord, and with tears
I implore Him to rain down
all these blessings upon you,
and gladden your hearts, and
make blissful your souls, and
grant you exceeding joy and
heavenly delights....

Ábdu'l-Bahá

RUHI BOOK 7 – THE SPIRITUAL PATH – SECTION 12

My only joy in this swiftly-passing world was to tread the stony path
of God and to endure hard tests and all material griefs. For otherwise,
this earthly life would prove barren and vain, and better would be
death. The tree of being would produce no fruit; the sown field of this
existence would yield no harvest. Thus it is my hope that once again
some circumstance will make my cup of anguish to brim over, and
that beauteous Love, that Slayer of souls, will dazzle the beholders
again. Then will this heart be blissful, this soul be blessed.

Ábdu'l-Bahá

RUHI BOOK 7 – THE SPIRITUAL PATH – SECTION 12

Then rose the Sun of Truth and the splendours of the Kingdom were
shed over east and west. Those who had eyes to see rejoiced at the glad
tidings and cried out: 'O blessed, blessed are we!', and they witnessed the
inner reality of all things, and uncovered the mysteries of the Kingdom.
Delivered then from their fancies and their doubts, they beheld the light
of truth, and so exhilarated did they become from draining the chalice of
God's love, that they utterly forgot the world and their own selves.
Dancing for joy they hastened to the place of their own martyrdom and
there, where men die for love, they flung away their heads and hearts.

Ábdu'l-Bahá

RUHI BOOK 7 – THE SPIRITUAL PATH – SECTION 12

O God, O Thou Who hast cast Thy splendour over the luminous realities of men, shedding upon them the resplendent lights of knowledge and guidance, and hast chosen them out of all created things for this supernal grace, and hast caused them to encompass all things, to understand their inmost essence, and to disclose their mysteries, bringing them forth out of darkness into the visible world! 'He verily showeth His special mercy to whomsoever He will'.

O Lord, help Thou Thy loved ones to acquire knowledge and the sciences and arts, and to unravel the secrets that are treasured up in the inmost reality of all created beings. Make them to hear the hidden truths that are written and embedded in the heart of all that is. Make them to be ensigns of guidance amongst all creatures, and piercing rays of the mind shedding forth their light in this, the 'first life'. Make them to be leaders unto Thee, guides unto Thy path, runners urging men on to Thy Kingdom.

Thou verily art the Powerful, the Protector, the Potent, the Defender, the Mighty, the Most Generous.

Ábdu'l-Bahá

RUHI BOOK 7 – BECOMING A TUTOR OF BOOKS 1-6 – SECTION 4

Apart from these provisions Bahá'u'lláh exhorts His followers to consort, with amity and concord and without discrimination, with the adherents of all religions; warns them to guard against fanaticism, sedition, pride, dispute and contention; inculcates upon them immaculate cleanliness, strict truthfulness, spotless chastity, trustworthiness, hospitality, fidelity, courtesy, forbearance, justice and fairness; counsels them to be "even as the fingers of one hand and the limbs of one body"; calls upon them to arise and serve His Cause; and assures them of His undoubted aid.

Shoghi Effendi

RUHI BK 7 – BECOMING A TUTOR OF BKS 1-6 – SECT. 7

The tie of servitude established between the worshiper and the adored One, between the creature and the Creator, should in itself be regarded as a token of His gracious favor unto men, and not as an indication of any merit they may possess. To this testifieth every true and discerning believer.

Bahá'u'lláh

RUHI BK 7 – BECOMING A TUTOR OF BKS 1-6 – SECT. 21

If thou seekest eternal glory, let thyself be humble and meek in the presence of the beloved of God; make thyself the servant of all, and serve all alike. The service of the friends belongs to God, not to them. Strive to become a source of harmony, spirituality and joyfulness to the hearts of the friends and the maid-servants of the Merciful. This is a cause of great satisfaction to Abdul-Baha.

Ábdu'l-Bahá

RUHI BOOK 7 – BECOMING A TUTOR OF BOOKS 1-6 – SECTION 21

...and every breast
which committeth
His Words to
memory, God shall
cause, if it were that
of a believer, to be
filled with His love...

The Báb

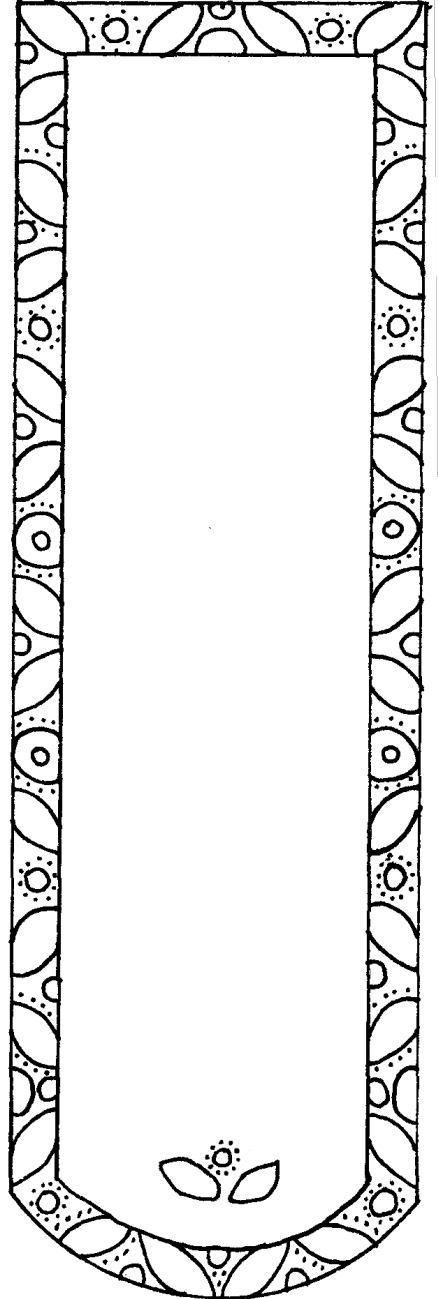
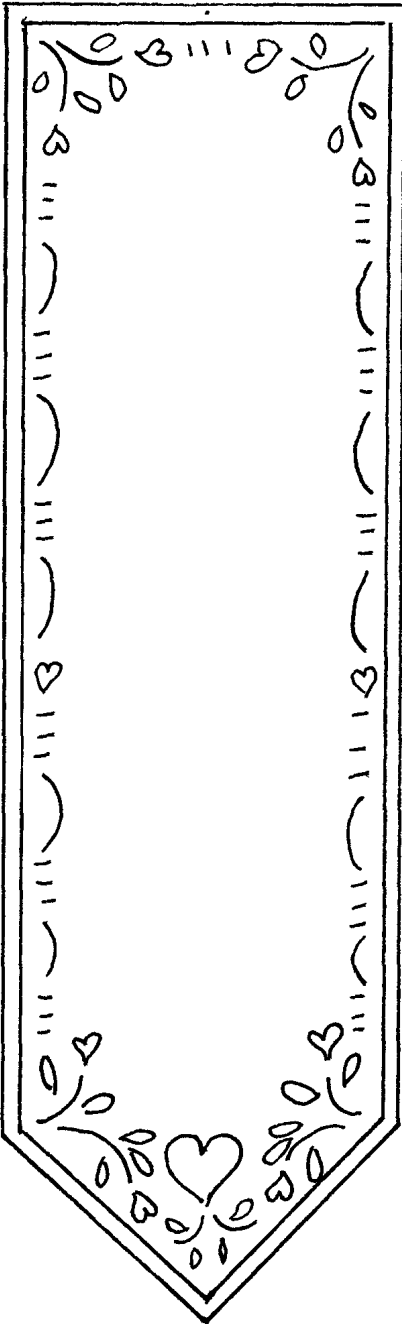
RUHI BK 7 – BECOMING A TUTOR OF BKS 1-6 – SECT. 25

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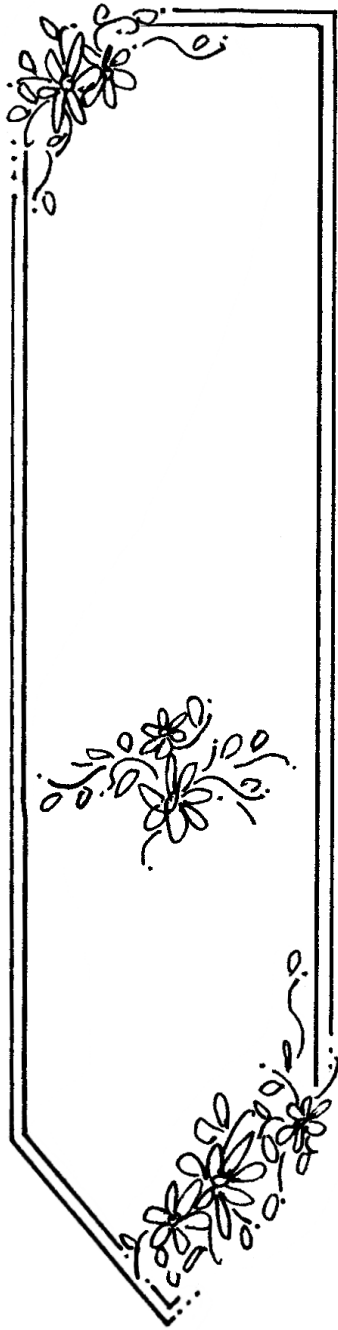
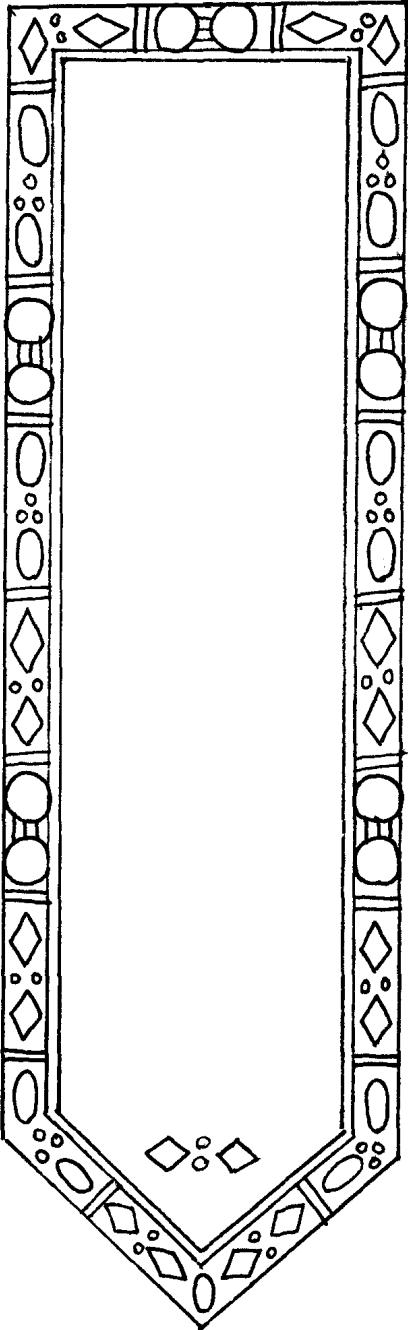
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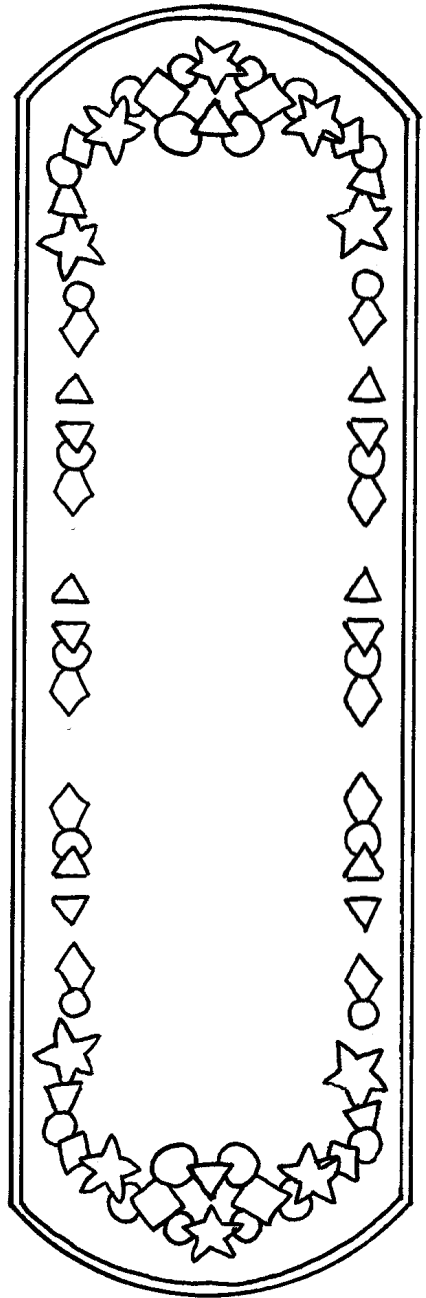
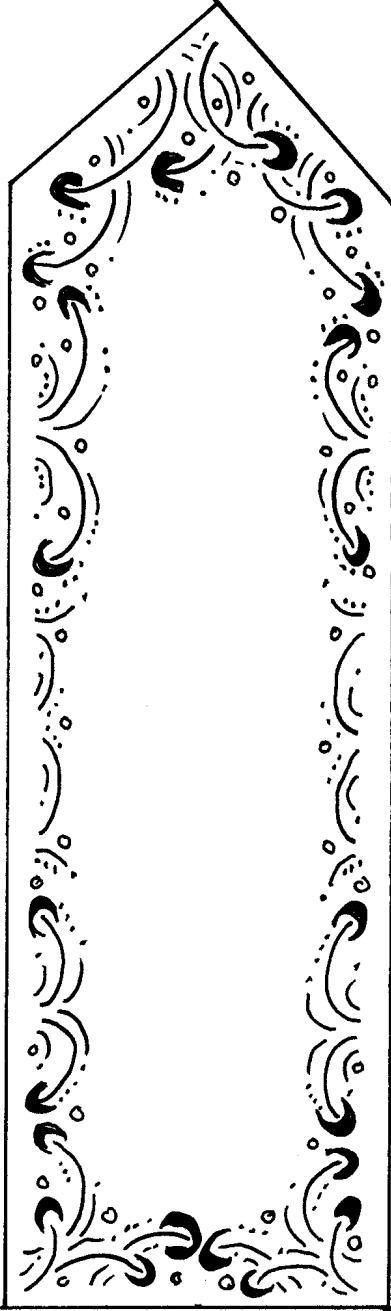
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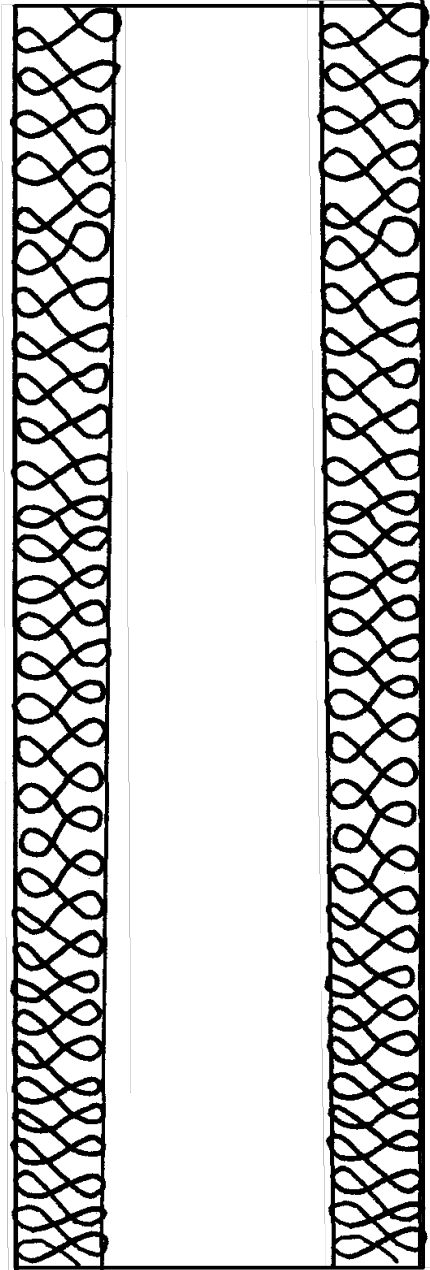
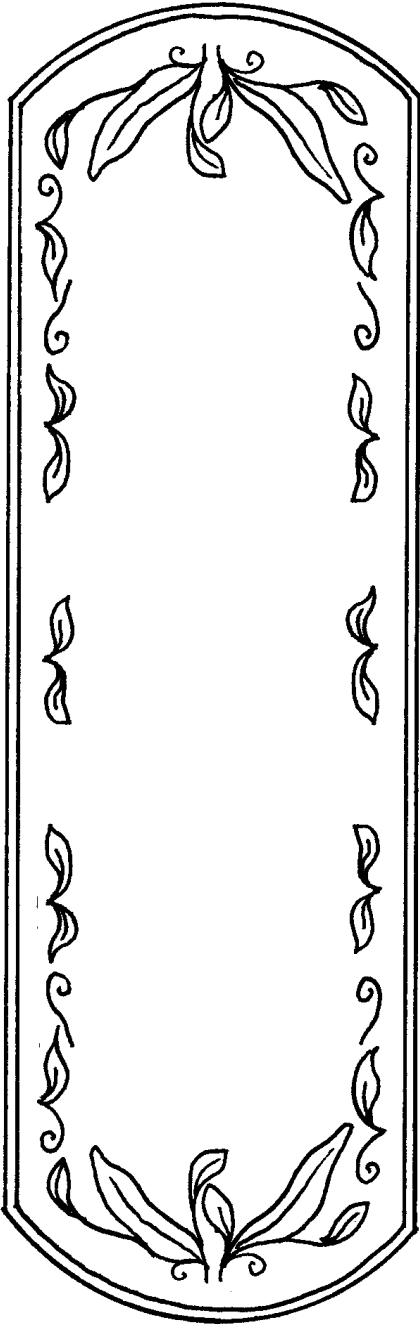
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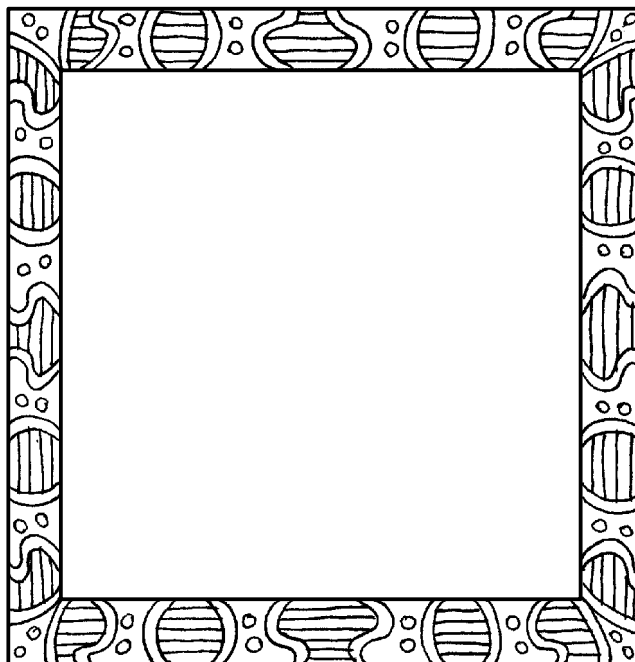
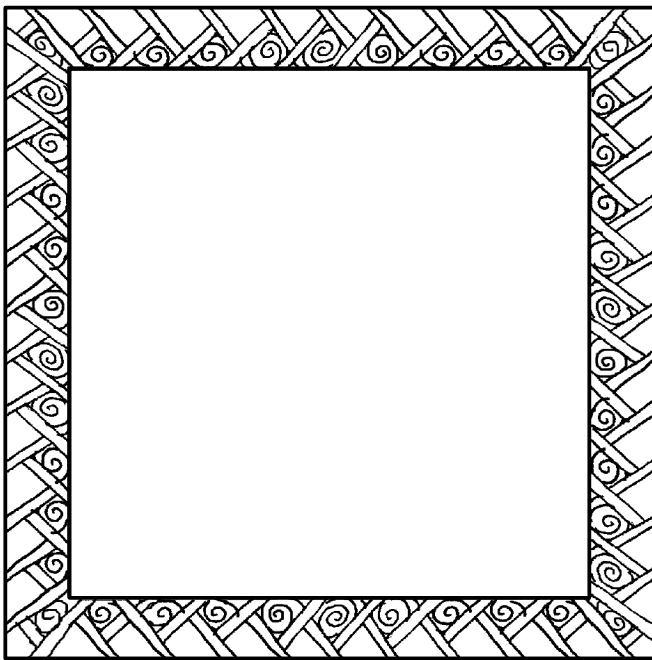


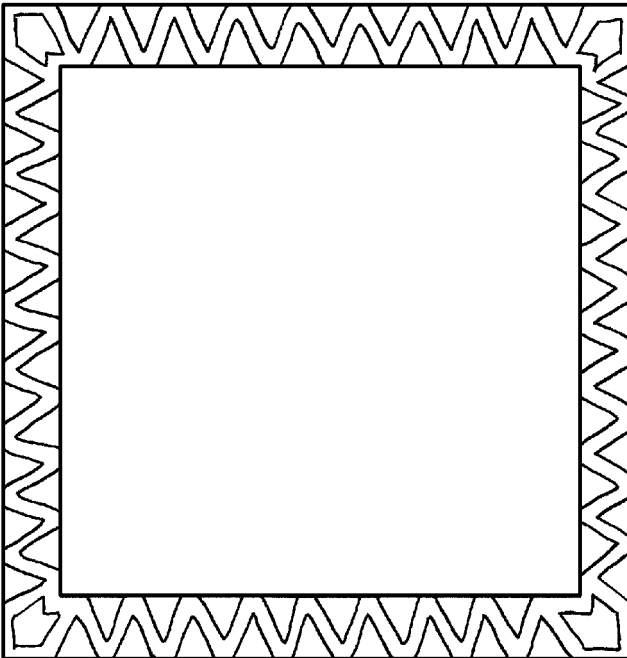
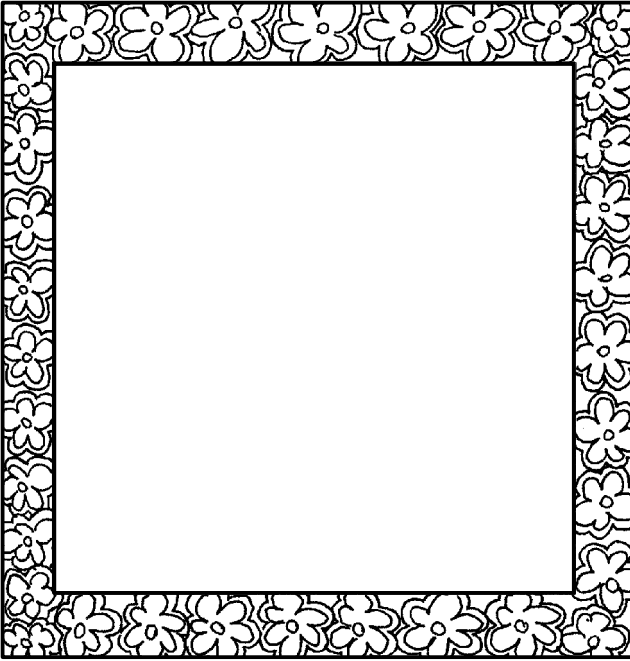
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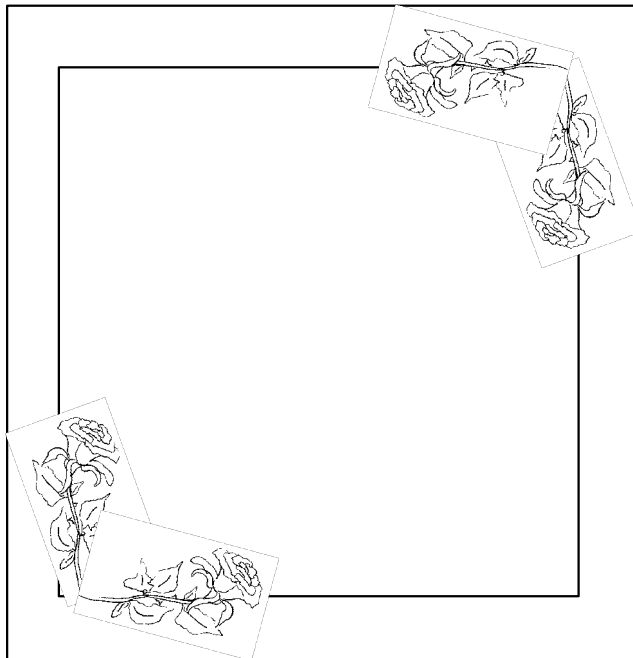
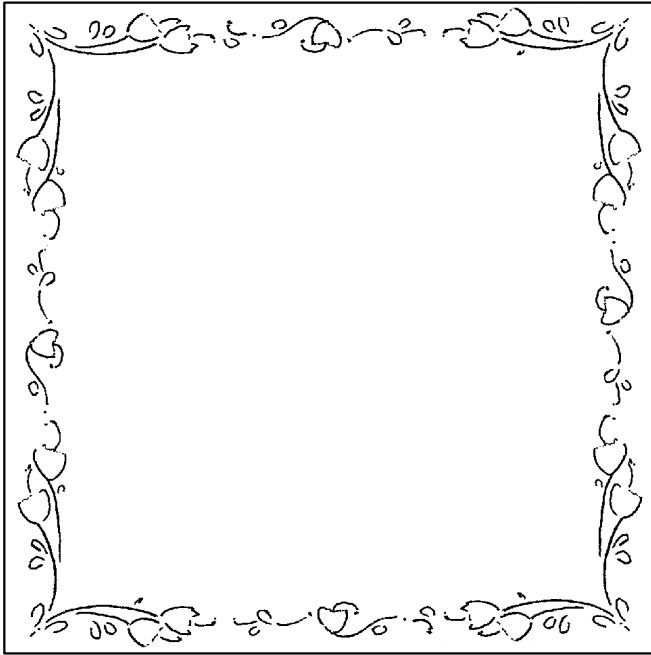


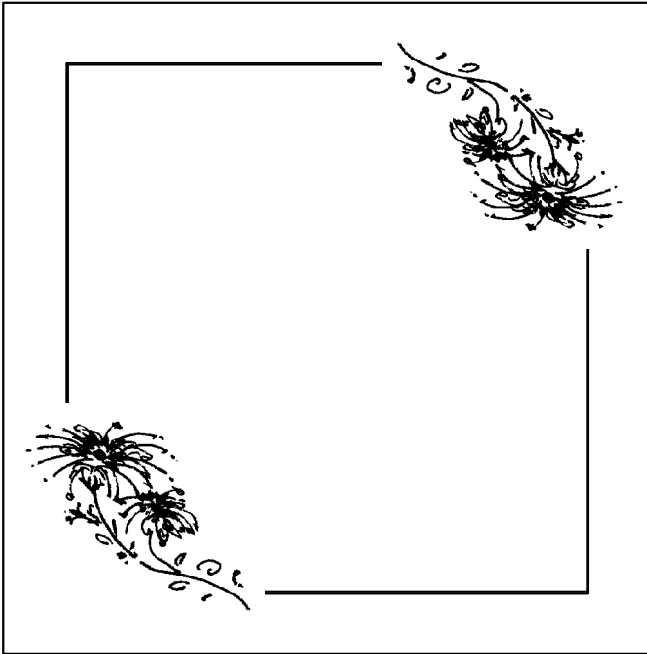


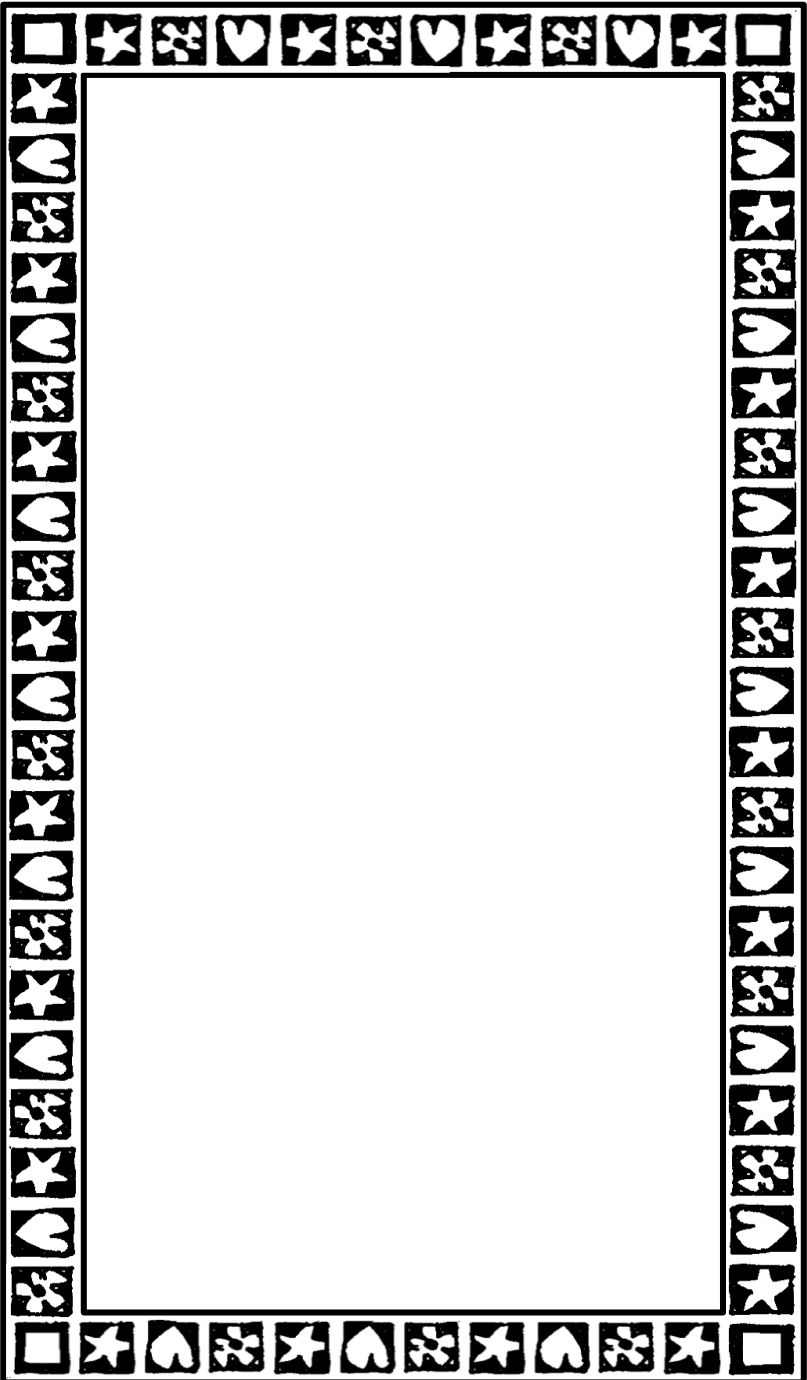


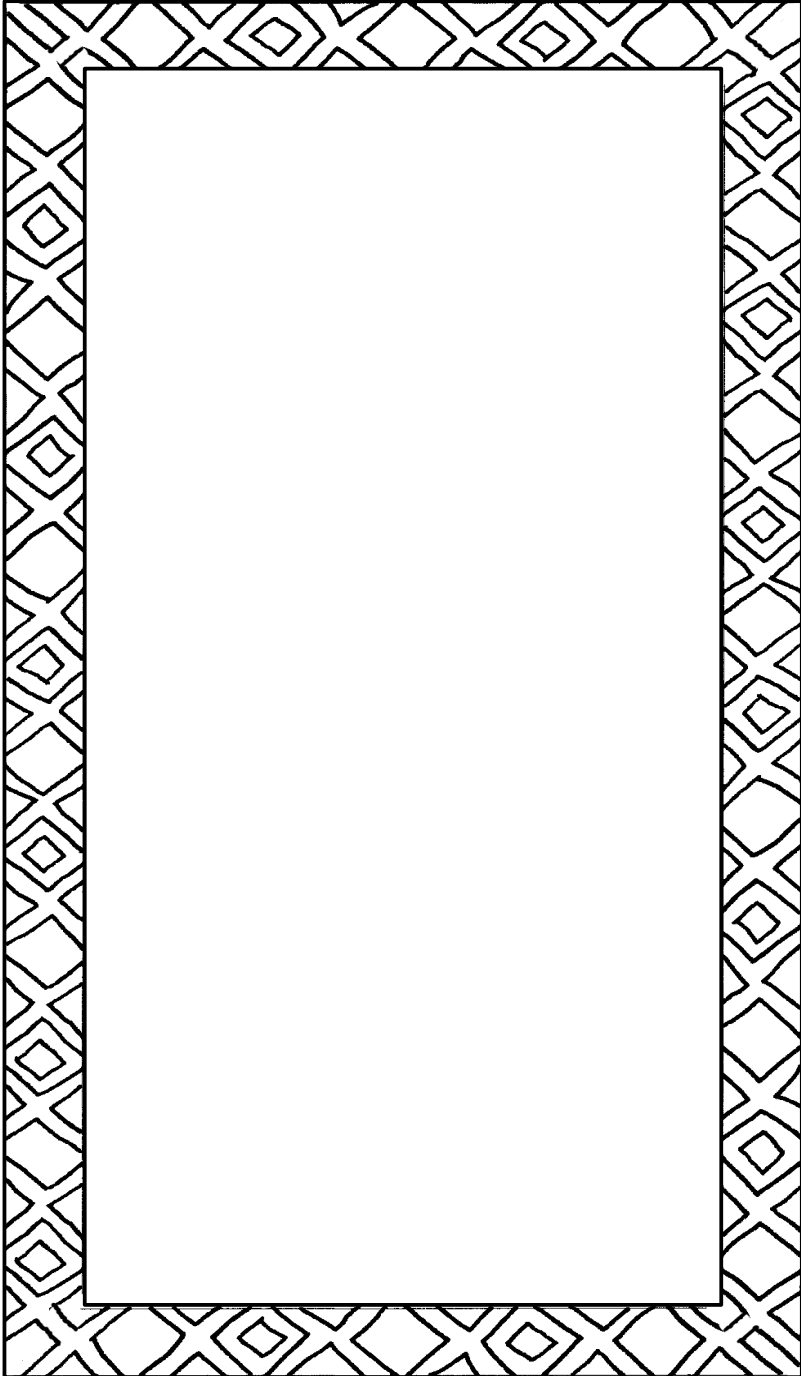


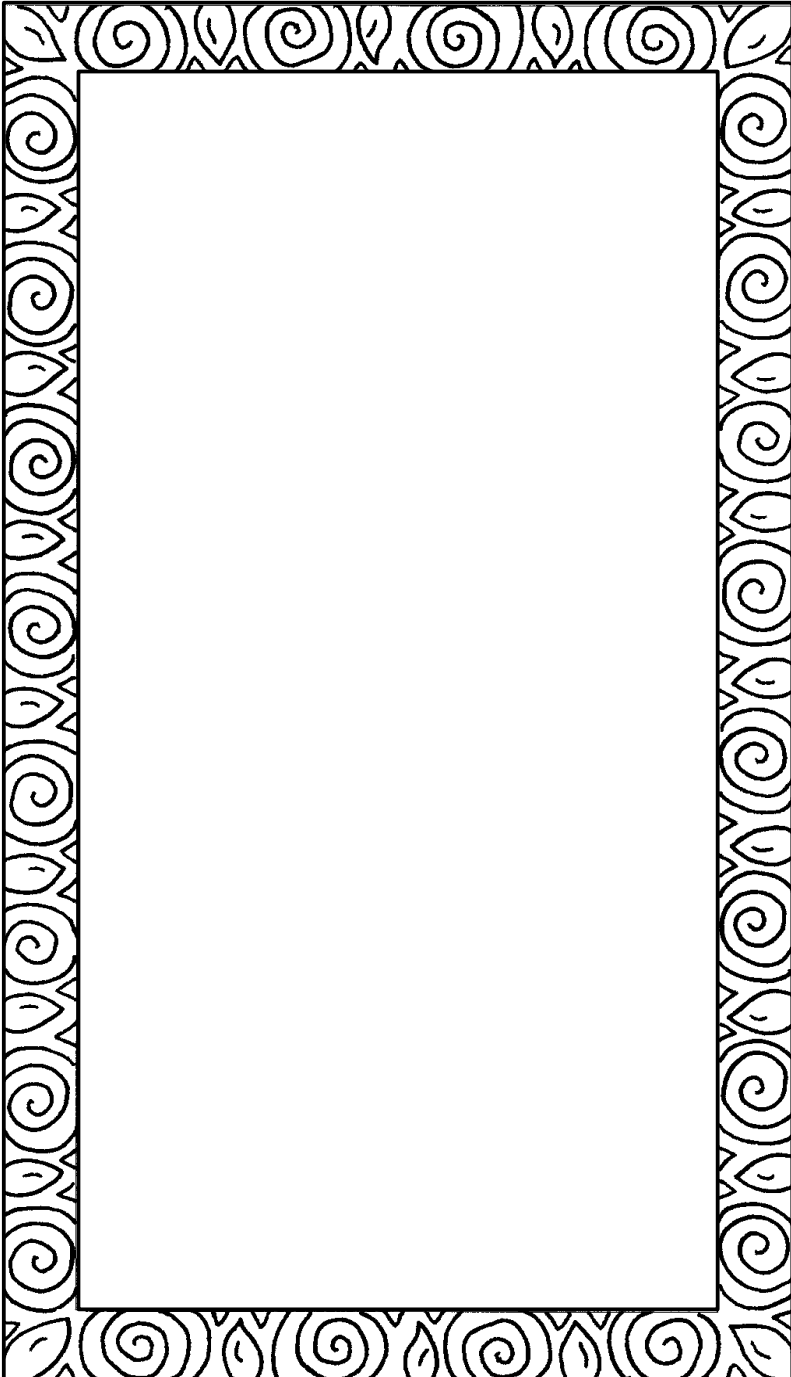


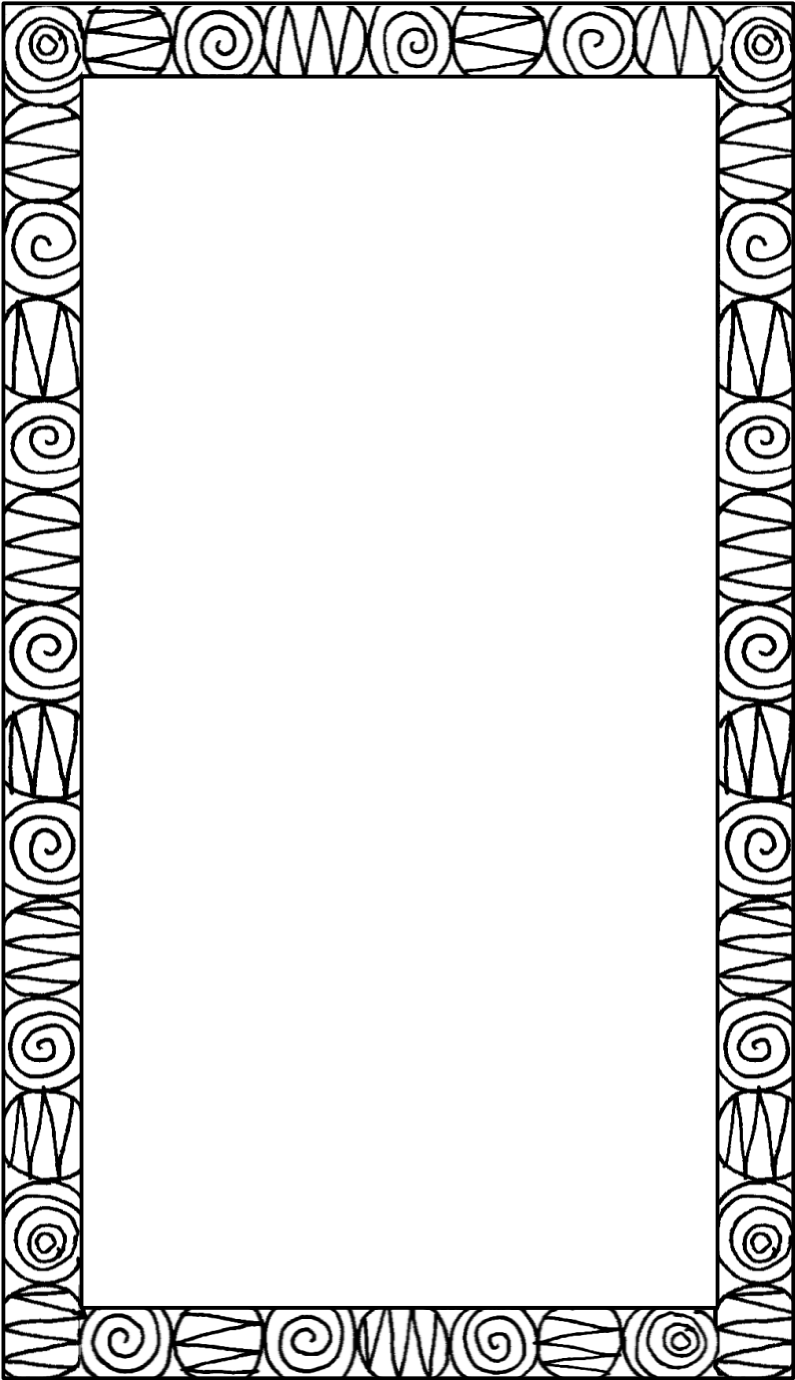


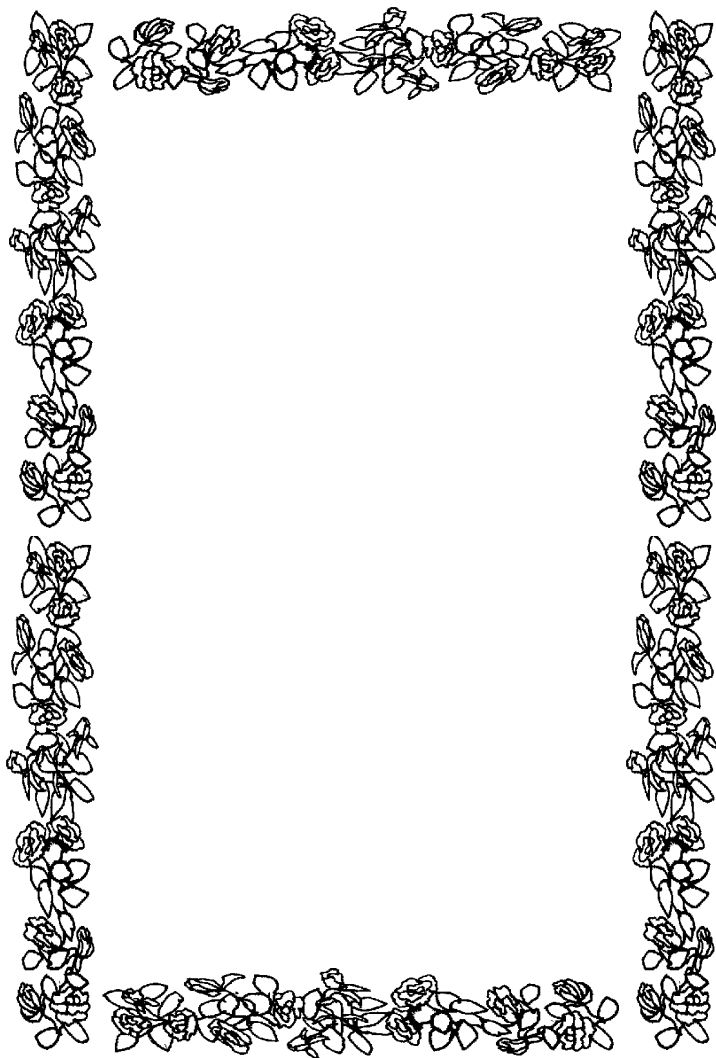




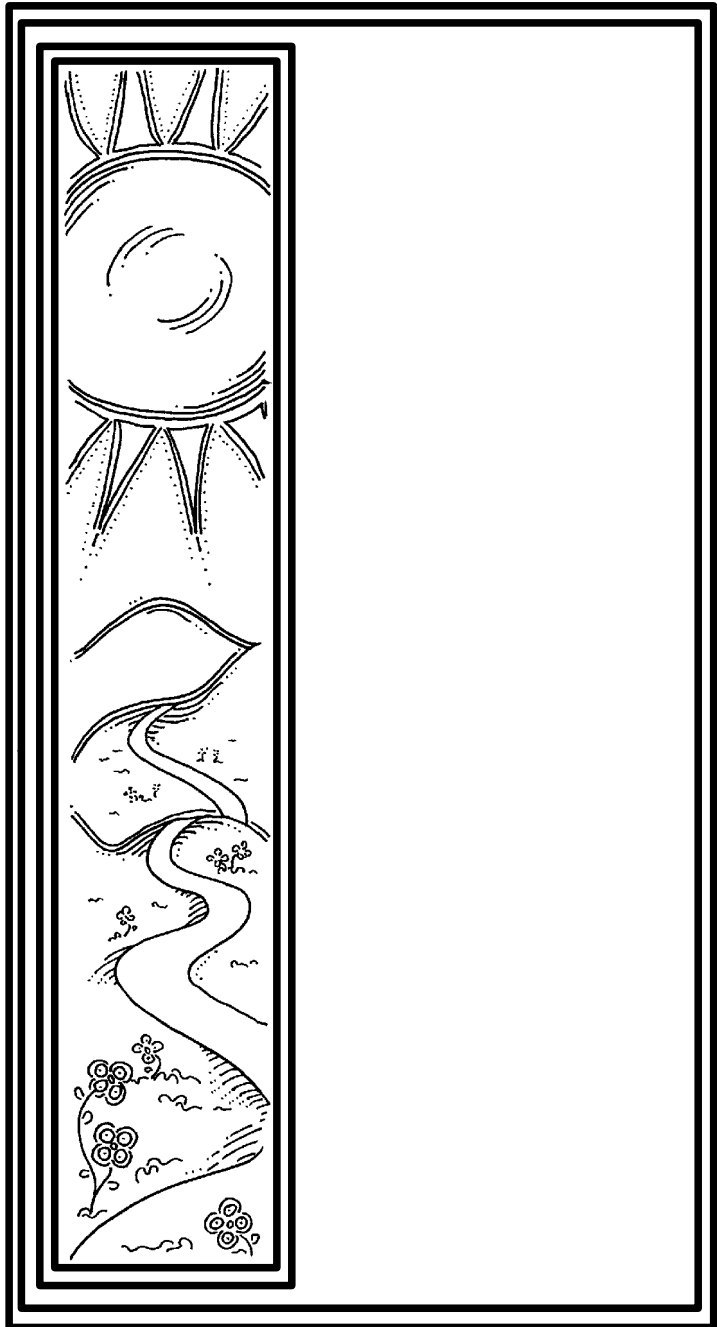




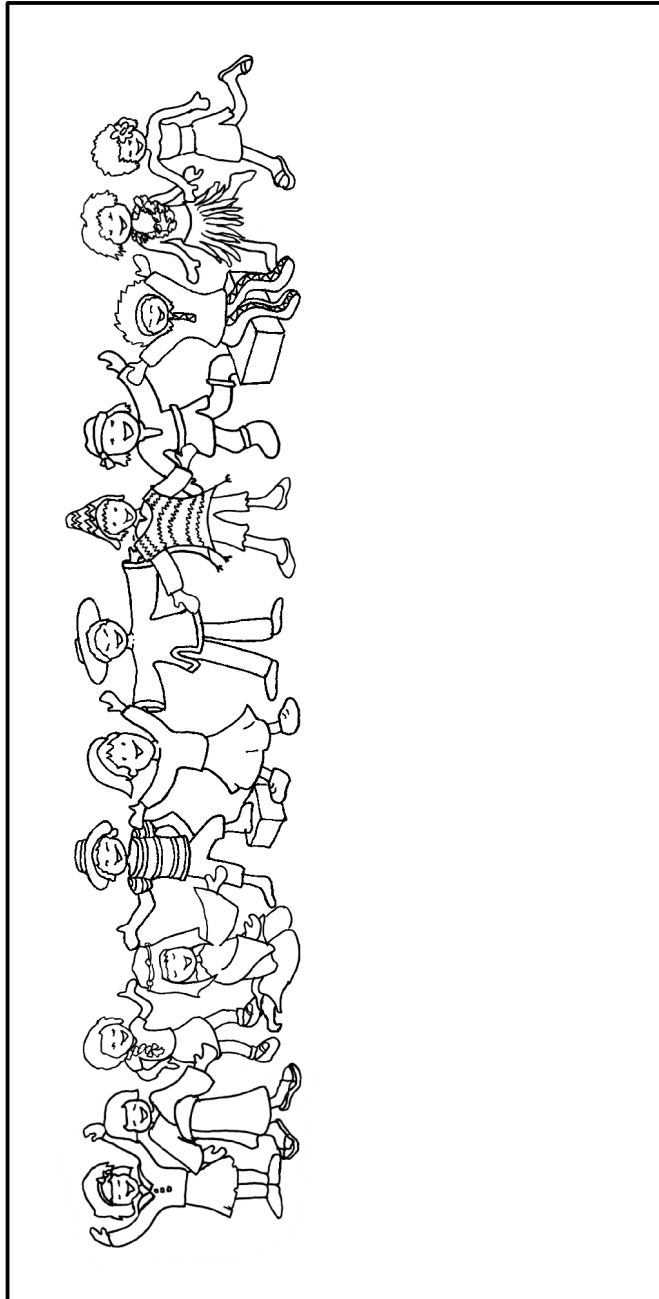


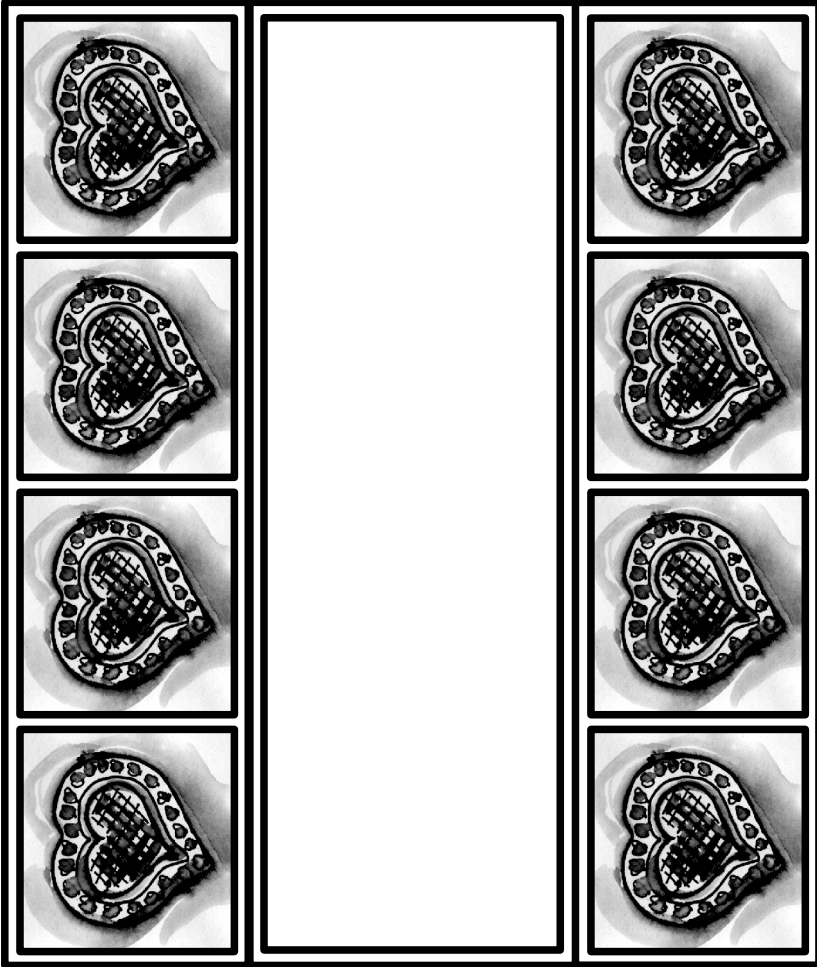


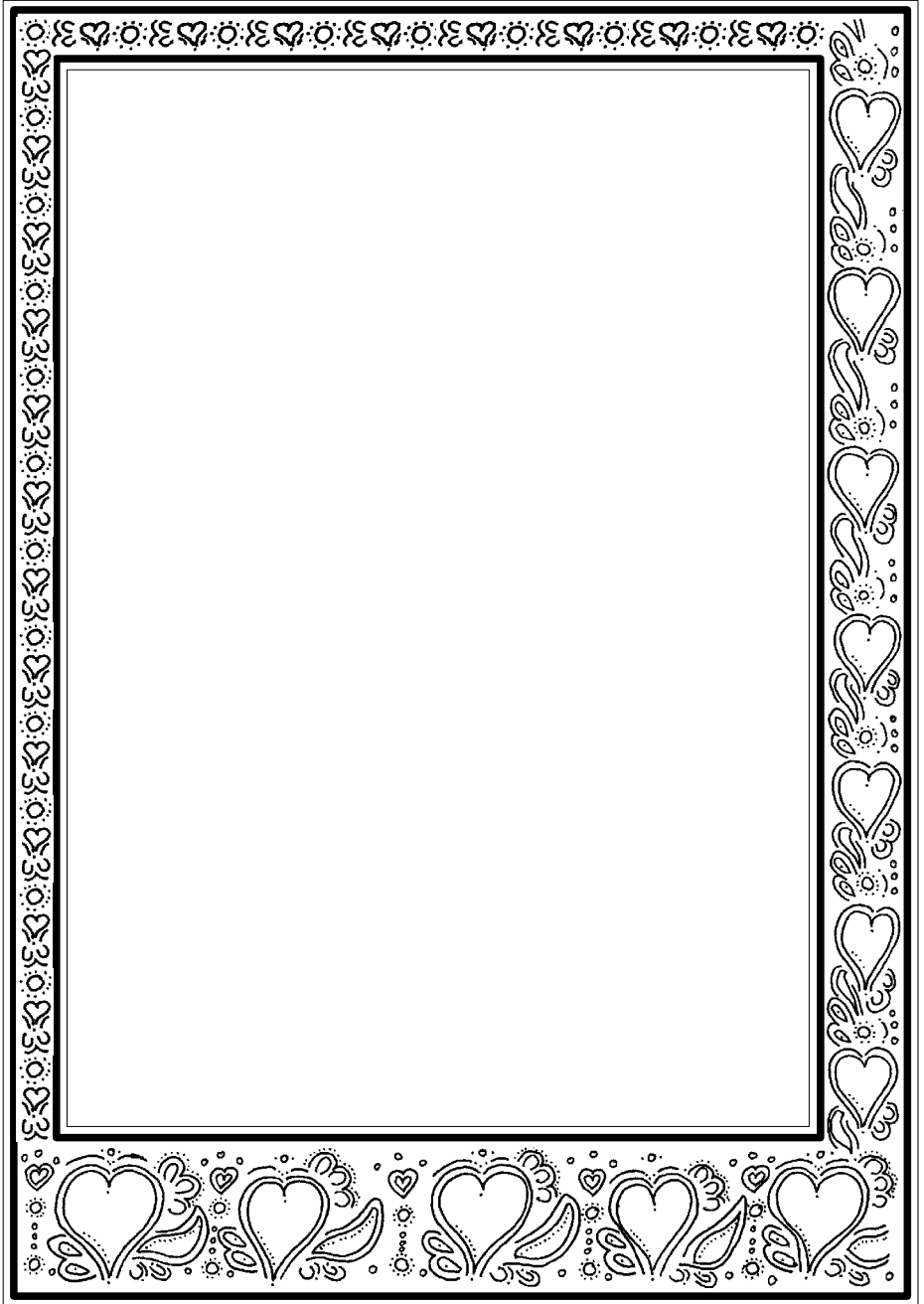


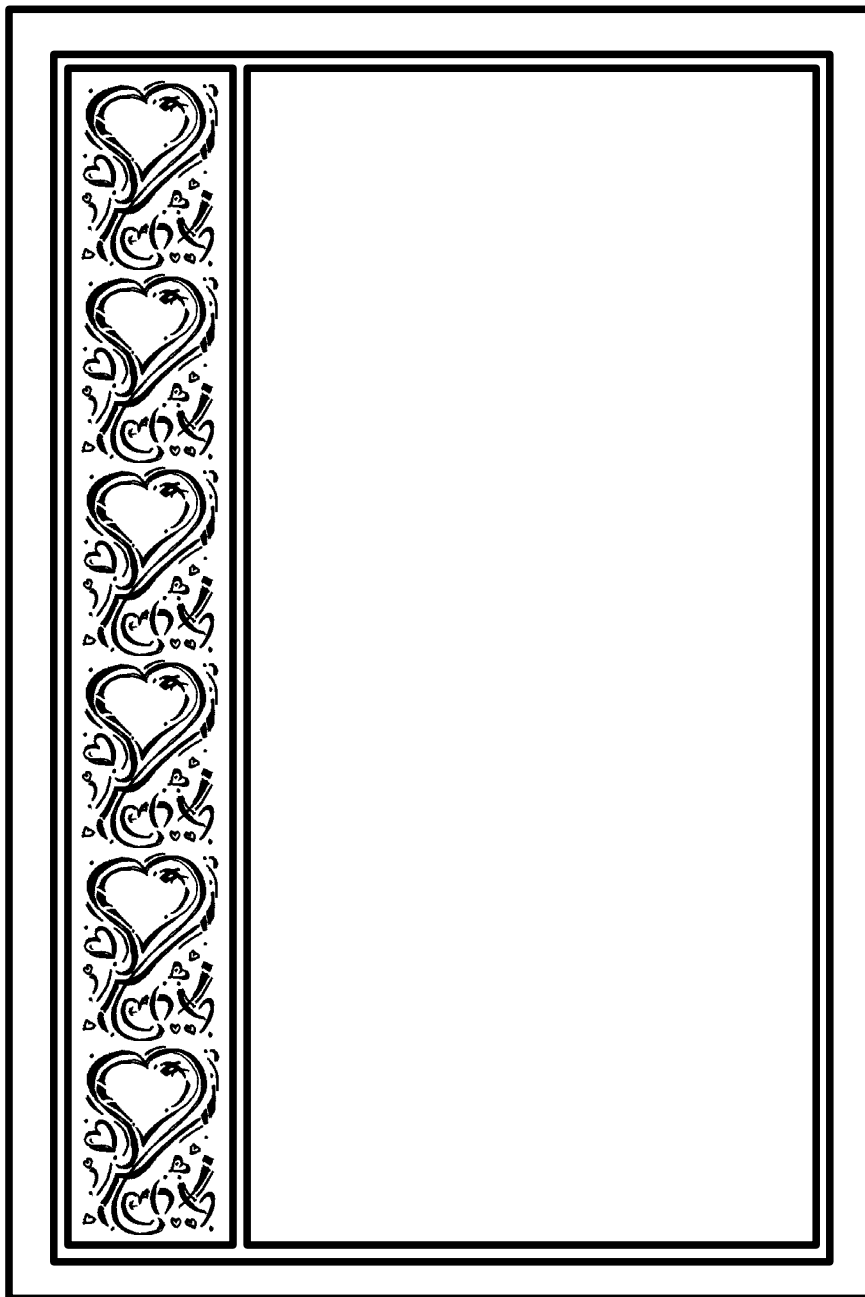


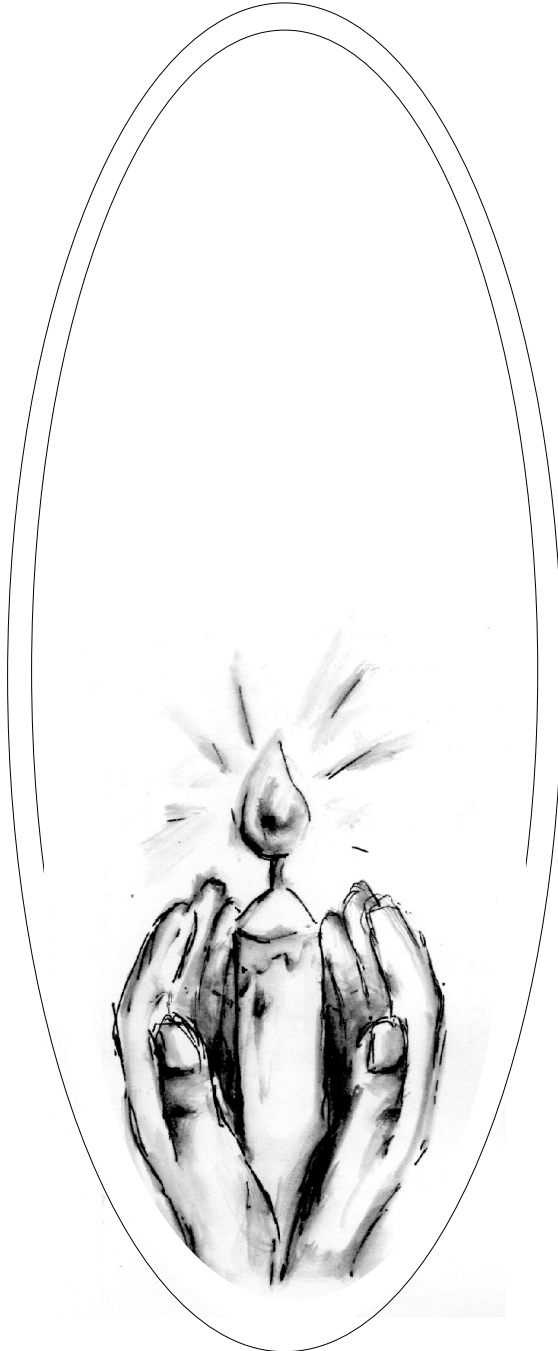


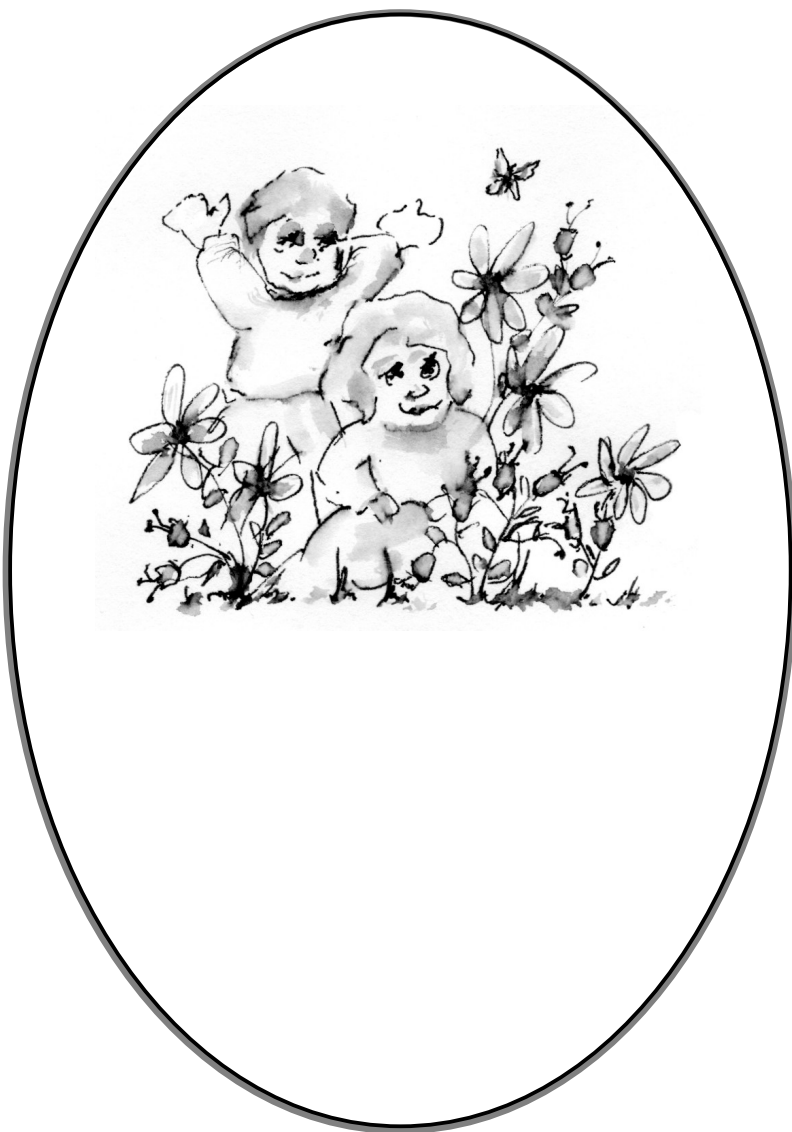


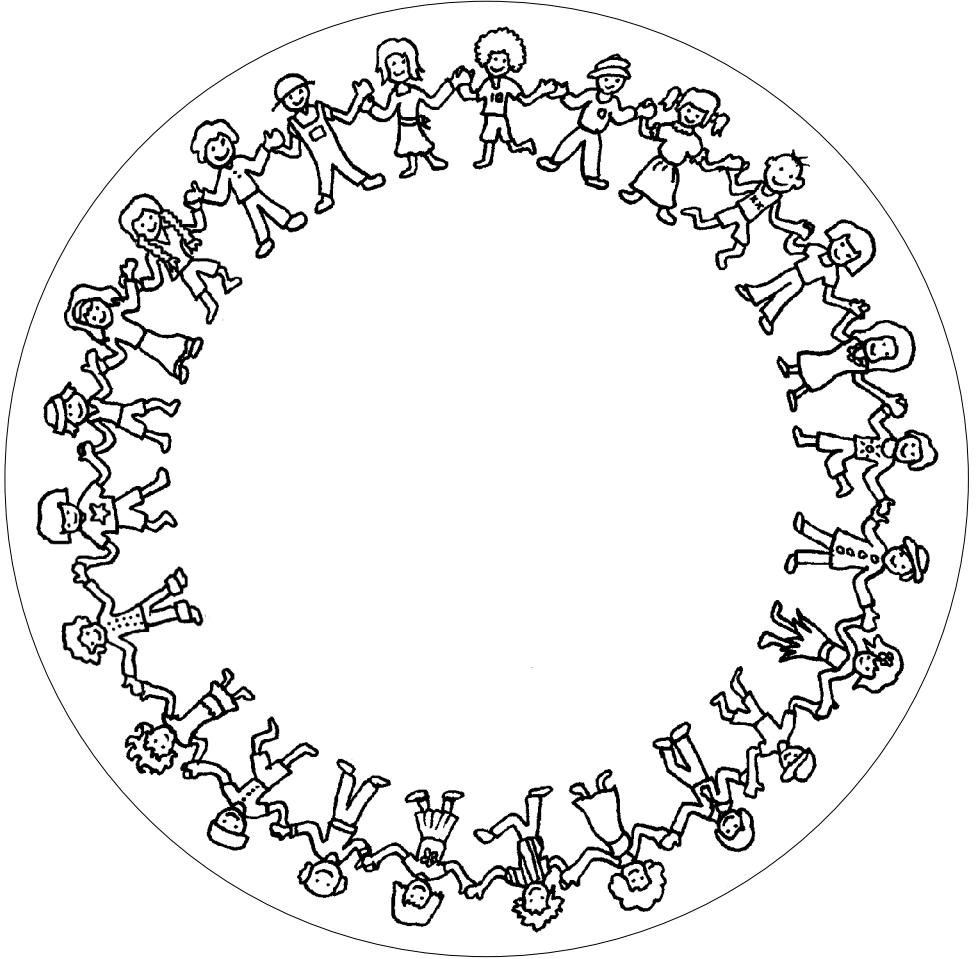


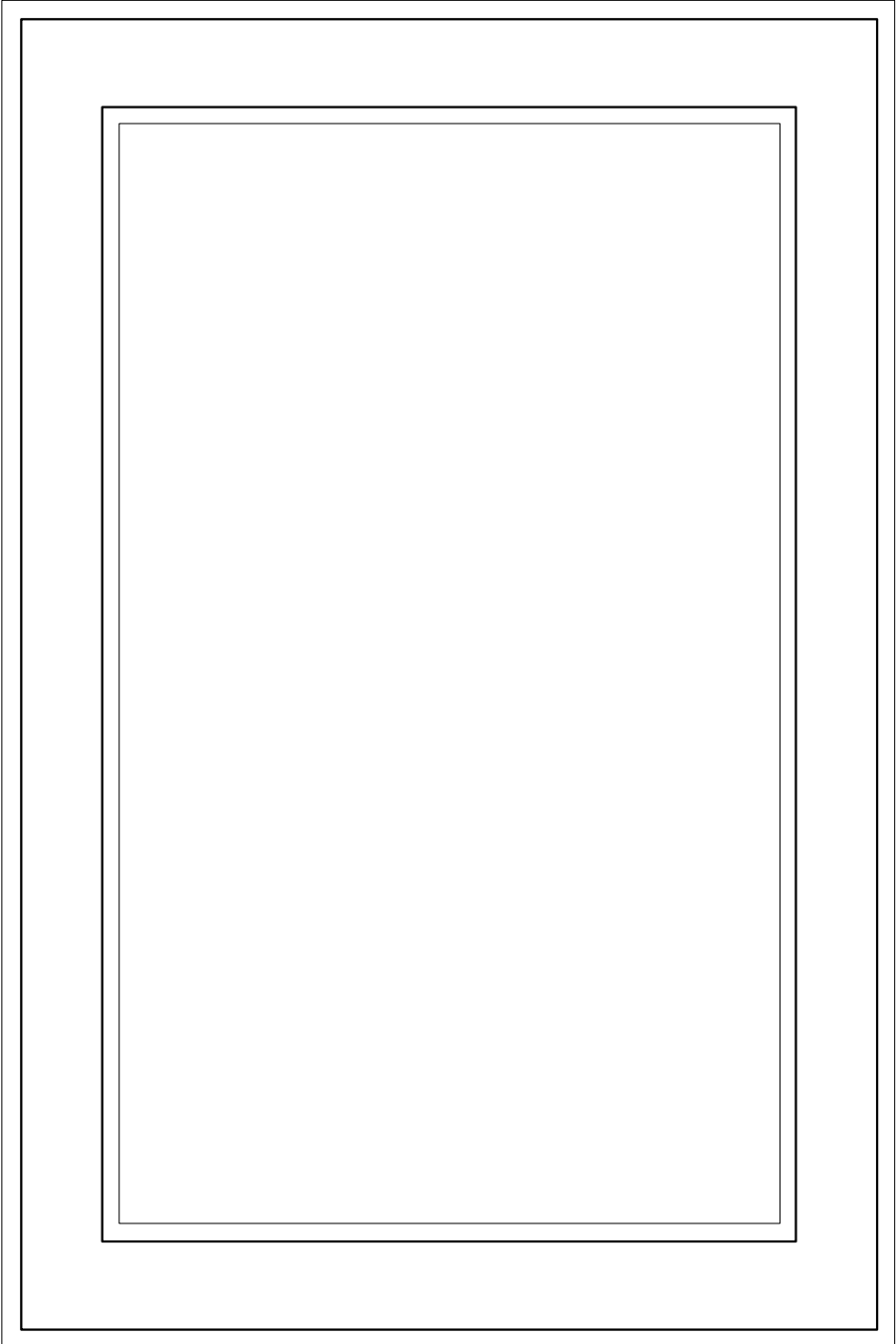


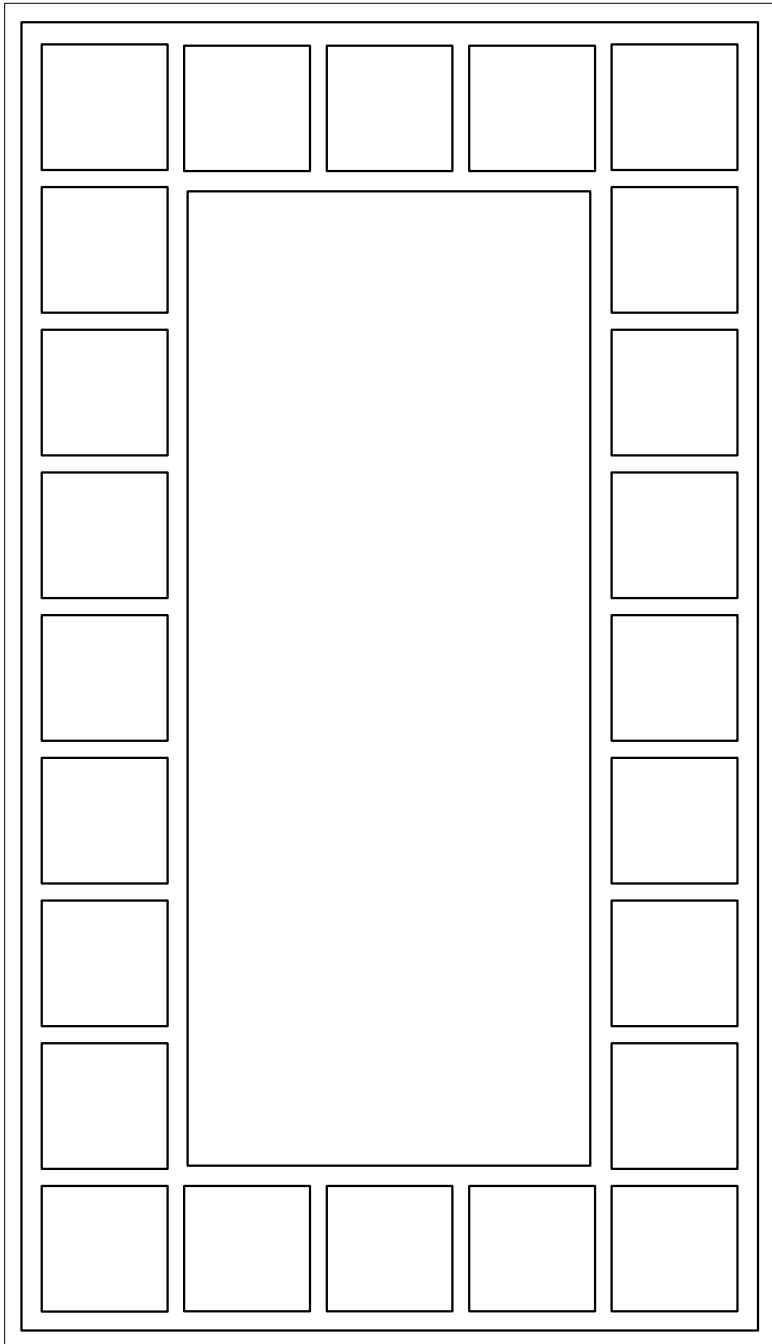


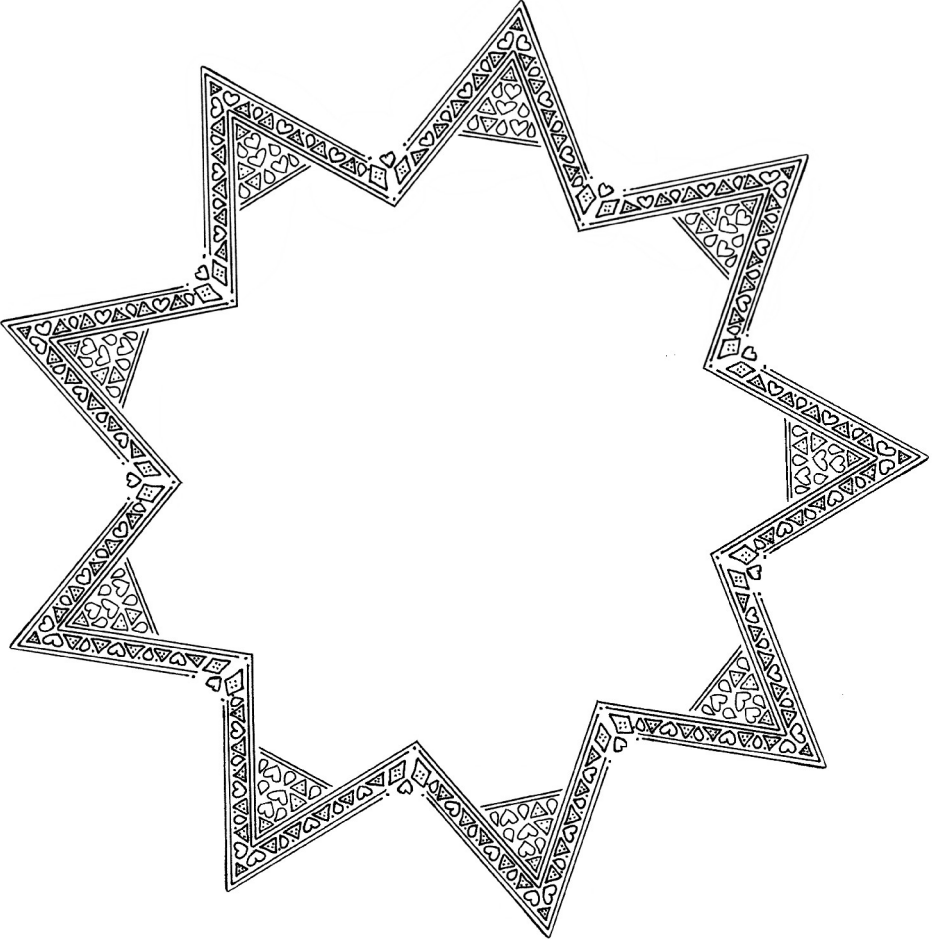


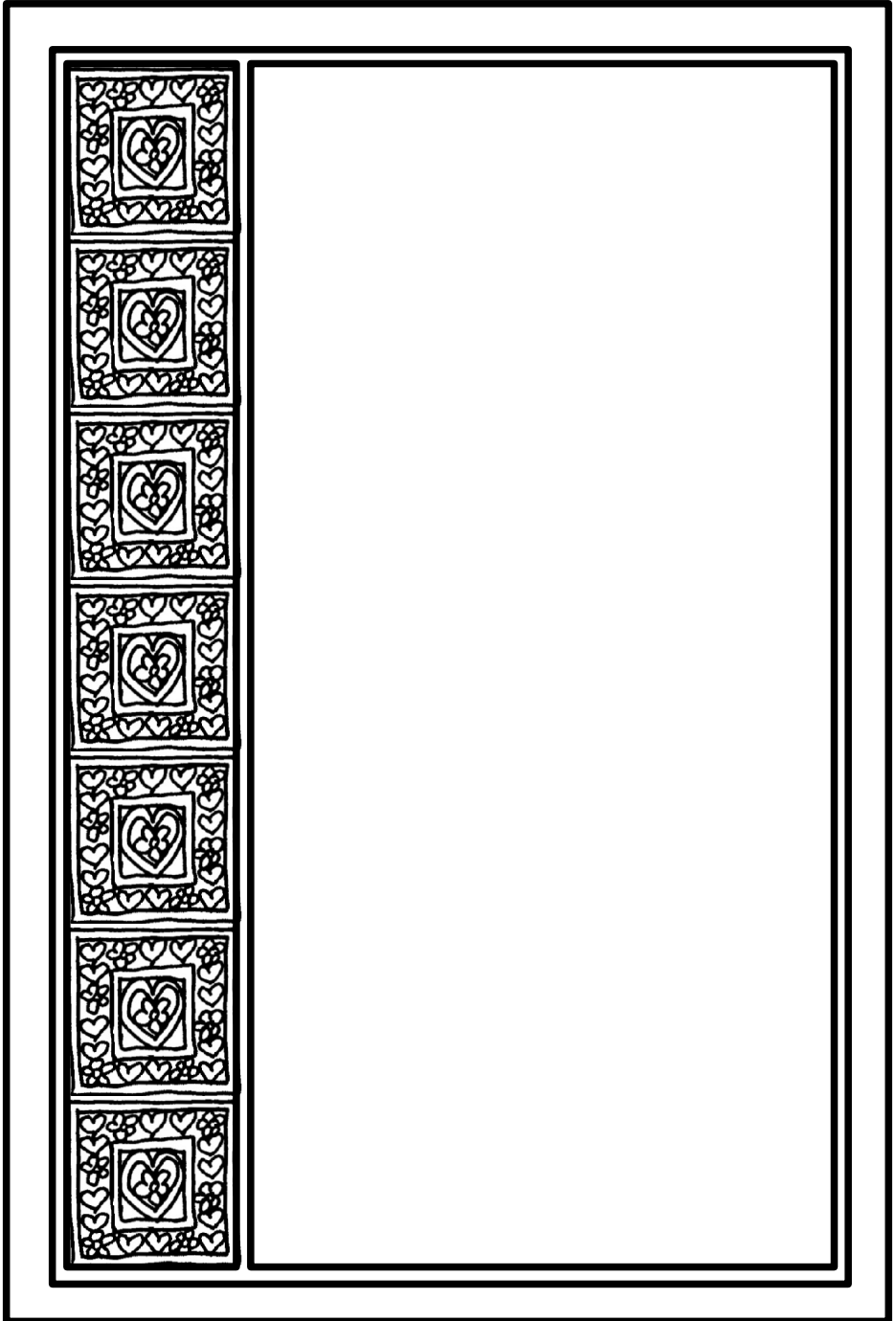


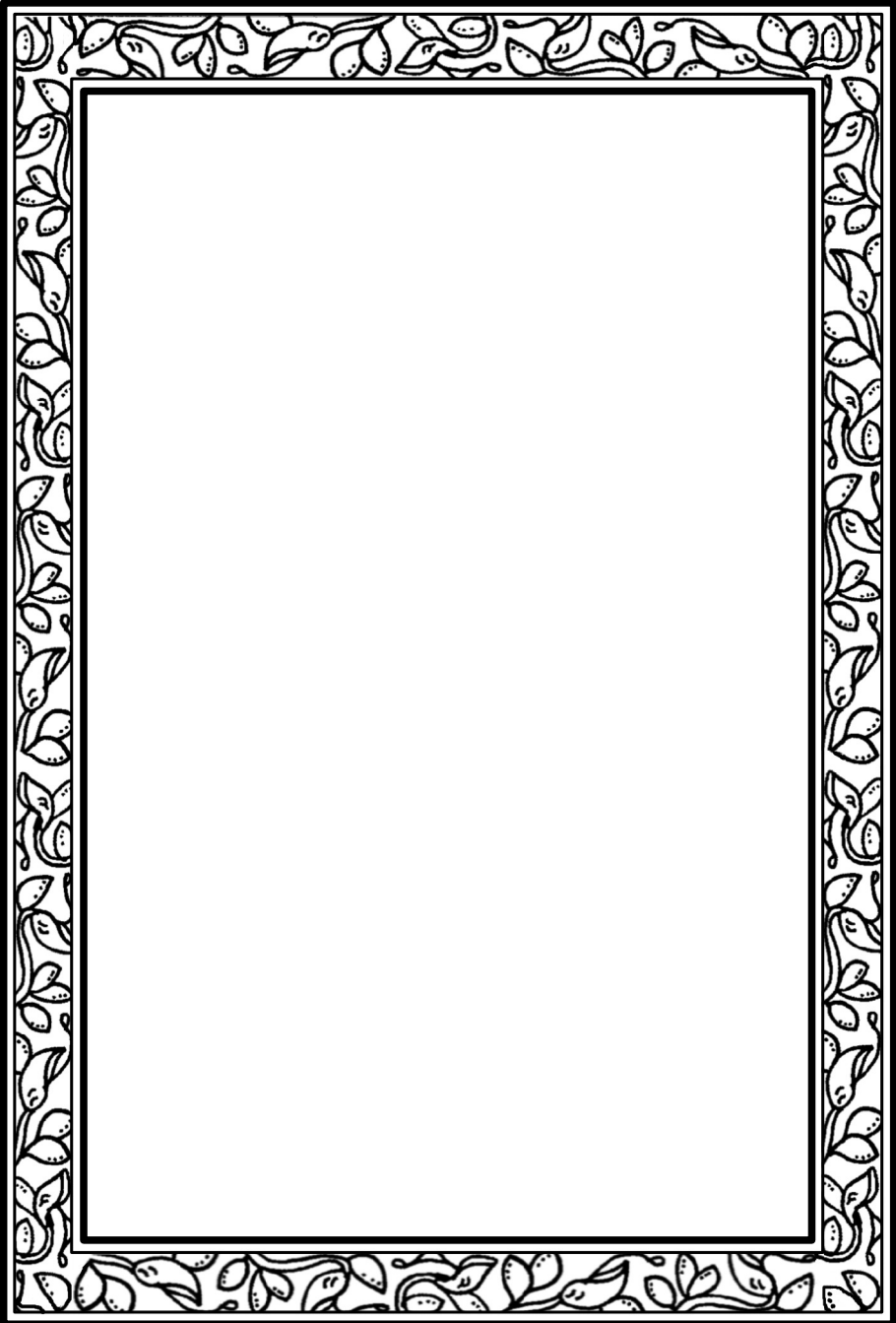


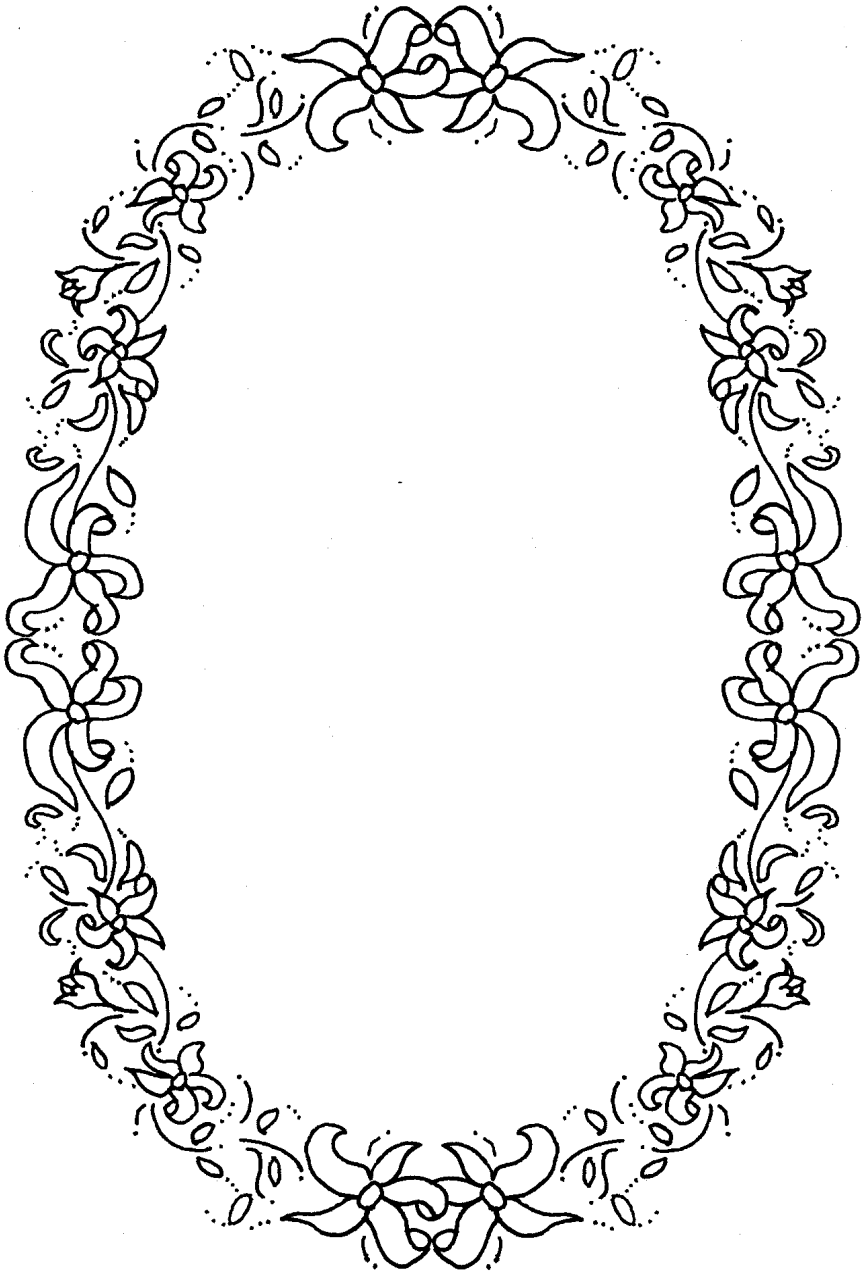














INSPIRATIONS

**The following pages are set aside
for you to add and keep a record of
your own creative thoughts or ideas
as you find them.**

PURPOSE:

ACTIVITY:

VARIATIONS:

INSPIRATIONS

PURPOSE:

ACTIVITY:

VARIATIONS:

PURPOSE:

ACTIVITY:

VARIATIONS:

INSPIRATIONS

PURPOSE:

ACTIVITY:

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